

NEW ZEALAND CHRISTIAN COUNSELLORS ASSOCIATION

DECEMBER 2011 NEWSLETTER

NEW ZEALAND CHRISTIAN
COUNSELLORS ASSOCIATION



CONTENTS:

- NZCCA Chairperson's Report, *pages 3 & 4*
- Administrator's Report, *page 5*
- Membership, *page 5*
- Price Lists, *page 6*
- Membership Committee Dates, *page 6*
- Welcome to new members, affiliates & student associates, *page 7*
- ACC, *page 8*
- Student News, *page 9*
- Ethics Corner, *page 10*
- Statements of principle & practice, *page 11*
- Book Review, *pages 11 & 12*
- Branch & Regional Reports, *pages 13-16*
 - Northland
 - Auckland
 - Waikato
 - Gisborne
 - Bay of Plenty
 - Manawatu
 - Wellington
 - Canterbury
 - Nelson
- Classifieds, *page 17*

Included in envelope

- 2012 Conference Flyer

CONTACT DETAILS

Administrator:

Sinead Wilson

Office:

13 Maidstone Street Ponsonby
Auckland 1021

Postal:

PO Box 68773 Newton
Auckland 1145

Phone:

09-361-4183

Email: info@nzcca.org.nz

Website: www.nzcca.org.nz

Office Hours:

Mon – Fri / 9am – 2pm

CHAIRPERSON'S REPORT

Greetings to you all,

I find it hard to believe that I am writing for the last newsletter of the year. I am really not sure what happened to 2011 – it seems to have flown by with disconcerting rapidity. If you reflect back over your year I wonder what comes to mind. Nationally there has been and is much uncertainty and upheaval - we have had the earthquake situation in Christchurch, the knock-on effects of financial turmoil around the world, the prospect of a general election (that will be over by the time this is being read) ... more locally the kiwifruit industry is facing major challenges which are certainly having unsettling impacts on many people in the BOP region where I live.

I think sometime Christian rhetoric is about being stalwart and victorious in all circumstances, and while there might be an element of truth in that way of thinking, my reading of scripture gives me the impression that our Father in Heaven knows that life can be tough, and that sometimes we need a place to run and hide, and find restoration.

Psalm 46 starts “God is our refuge and strength, an ever-present help in trouble”. As you reach the end of the year, and look ahead to 2012, I trust that you will experience the living Lord as the refuge and strength for your situation.

This is my last Chairperson's letter – I finished my time on the national executive at our recent retreat at the end of October. I have really enjoyed the six years on the committee, the last of which has been in the chair role. The people on the exec team have been great to work with – I have appreciated the balance of hard work, fun, and personal support and challenge – and I totally believe in the work of the association. NZCCA is a growing and vibrant group of people involved in the counselling world, making its mark, in my view, both in supporting members and also influencing the wider professional field. The uncertainty surrounding the future of statutory registration has made the last few years challenging because we have had to constantly revisit the question of what we think the wider professional scene, within which the association sits, will look like. Despite this, we continue to grow, and I know the exec will continue to lead the association into the future with creativity and wisdom.

Very best wishes for Christmas and the New Year,

Andrew Smith

EXECUTIVE COMMITTEE

Chairperson (acting):

Kathy Clist

Membership Committee

Chair:

Kathy Clist

Ethics Committee Chair:

Joyce Carswell

Student Rep (Co-opted):

Scott Douglas

Paulette Berryman

Suzanne Barthow

Bruce McFadyen

Christine de Senna

Sinead Wilson

On behalf of the NZCCA Executive and the Association as a whole I would like to publicly thank Andrew for chairing our Association over the past year. His insight, experience and wisdom have been invaluable as we have faced some big issues and changes. Thank you Andrew for your generosity in giving so much to the Association – we will miss you.

In the latter half of the year we have particularly focussed on the need for the Executive to ‘govern’ and for more people to come alongside to fulfil some of the management and detail that keeps the Association running smoothly as we grow. This process has begun and will continue to evolve over the next few months.

We would be interested in your feedback on EPSCO. For a year now, members of NZCCA have been able to access online articles and journals via the EPSCO database at no charge. This is a benefit not available to members of other similar associations and we think this is a valuable resource. Are you using this benefit? Are you finding it valuable? Do you know how to access the database? Let us know!

Lastly, I am delighted to welcome Sinead on board as our new Administrator. Sinead has stepped into Adrienne’s shoes with energy, patience and grace, and she has already shown great ability and potential. If you have had something to do with Sinead already you will be appreciating her responsiveness and diligence in finding answers to your questions if she doesn’t already know them! Welcome, Sinead and we hope your time with us is a blessing to you as well as to us.

May you and all those you care for have a restful, restorative and hope-filled Christmas season.

Kathy Clist
Acting Chairperson

The NZCCA Newsletter is produced by the New Zealand Christian Counsellors Association and distributed free of charge to Members, Student Associates and Affiliates of the Association as well as to the campuses of Universities & Training Institutions with counselling students.

Whilst it contains information and news items about the Association and related issues, opinions expressed in the newsletter are not necessarily those of the Association. The inclusion of courses, advertising or enclosures does not necessarily indicate NZCCA support for the content.

ADMINISTRATORS REPORT

Hello to everyone.



My name is Sinead and I have just started here with NZCCA. So far- so good! I have just this year completed a Psychology and Education Degree with the University of Auckland and am waiting on university to start again in March. I plan to work alongside study and hope that some of the job ties into what I'm studying next year. I will either be studying event management or picking up clinical psychology as a postgrad student!

I live on the Hibiscus Coast, north of Auckland, on a deer farm with my mum, sister and brother. Just this year in August my dad passed away at the age of 52 of a lung embolism, while I was away in England. It's fair to say the last few months have been the toughest of my life. Slowly but surely we are adjusting back to normal life, day by day, week by week and I am so grateful that this job with the NZCCA came up- almost perfect timing for me!

Thank you for your patience as I learn, hopefully hear from you soon.

Conference 2012

We are well on our way to having the conference for 2012 planned. The dates, as you should be aware, are **17 – 19 May** and the conference will be at the James Cook Grand Chancellor in Wellington. We will be joined by Brian Broom and James Arkwright, both of whom will bring great insight and address issues that will be relevant to you as a Christian counsellor.

MEMBERSHIP

As a Membership Committee we have continued to process applications and are delighted to welcome our new members (listed elsewhere in this newsletter).

Thank you to those who have contacted me since the last newsletter to check out various issues related to membership. It was good to have those interactions and get a feel for the issues you are grappling with. Some of the answers to your questions can be found in the 'Frequently Asked Questions' section of our website, which is constantly being updated. Otherwise you are welcome to contact Sinead at the office with your queries (info@nzcca.org.nz).

We have begun the process of expanding our Committee to include members who are not on the Executive but who in the future will be handling membership issues and reporting back to the Executive via the Committee chairperson. I am delighted to welcome Barbara Bulkeley and Lynn Goold to the Membership Committee. Barbara and Lynn are both past Executive members and are very experienced and senior counsellors. Thank you both for giving of your time and wisdom to our committee. Barbara and Lynn will be helping the other Committee members to process and comment on applications, including ringing supervisors – sharing the load.

Just a reminder again – the Annual Review forms which will be mailed out after 1st April 2012 will relate to the 2011 calendar year (January – December 2011). You will need to have had a minimum of 11 supervision hours in 2011 if you haven't written to us to let us know you are currently not seeing clients.

Have a wonderful break everyone!

On behalf of the Membership Committee

Kathy Clist (Chairperson), Froukje Spaak, Bruce MacFadyen, Scott Douglas, Barbara Bulkeley, Lynn Goold
Membership enquiries can be addressed to kclist@carewaitakere.org.nz

Musings from Membership Committee "sit-in"

At our last Exec, I was given the opportunity to sit-in on the Membership Committee of four and to observe them in action!

I was so impressed at how carefully and seriously they embrace this responsibility, and the amazing ability they each have to recall the many details of the process, as well as the details of each member's application. It seems that they each do hours of work weekly (voluntarily!) in preparation for getting together as a group at the Exec. I have nothing but admiration for their commitment and willingness to keep at it, with a task that never ends!

Christine de Senna

PRICING FROM 1 JULY 2011 – 30 JUNE 2012

Description	GST Ex	New Inc GST
Additional Directories	\$5.00	\$5.75
Advertising	\$47.83	\$55.00
Application Fee	\$78.26	\$90.00
Membership Fee	\$282.61	\$325.00
After 1 January	\$183.70	\$211.25
After 1 April	\$127.17	\$146.25
Membership on Hold with benefits	\$133.33	\$150.00
Affiliate Subscription	\$133.33	\$150.00
After 1 January	\$84.78	\$97.50
After 1 April	\$58.70	\$67.50
Student Associate Subscription	\$43.48	\$50.00
Interview	\$275.00	\$316.25

2012 Membership Committee Meeting Dates

The Membership Committee and Executive will be meeting on the following dates to consider membership applications next year. To be considered at one of these meetings your application must reach the NZCCA office at least **21 days** prior to the meeting.

February 11/ April 21/ June 30/ August 25/ October 13/ December 8

We warmly welcome & congratulate the following Members:

Regular Member/s

1. Claire Pearce
2. Mary Maina

Provisional Member/s

1. Shannon Mawdsley

Membership Upgrade/s

1. Johanna Duggan
2. Ros Jaquiery
3. Auina Forsyth
4. Vickie Tuau

Please note:

The following address has been added since the publication of the directory:

Alan MacKenzie

30 Fenton Street

Kawerau 3127

Phone: **0210 700 063**

Qualifications: MCounsel (*CHC*, 2008); GradDip Bib/Min (*ACT*, 2004); BScF For Mgmt (*UofA*, 1986)

Training: 4.5 years with a men's organization in Brisbane (*MTM Australia*, 2004-2009); internship in private psychodynamic practice; spiritual direction training (*in process*)

Style of Practice: Contemporary psychodynamic psychotherapy; Narrative therapy; CBT; strengths-based; eclectic

Special interest: An enthusiastic counsellor and psychoeducator with 6+ years practical experience. I see my practice as one which aids others in their own process of discernment (the spiritual journey); the deeper and more faithfully we seek the truth, the more my clients are informed how to "do life" (be fully present in the here-&-now) in general. It becomes more than counselling per se; it becomes a sojourn, a way of life, a life lived out of the values and dispositions of listening and waiting, always in relationship, with the Beloved.

ACC Approved: No

Court Approved: No

Fees: \$80.00 (inc GST)

The following addresses have changed since the publication of the directory:

John Rawson

PO Box 4392

Kamo Whangarei 0114

Brigitta Rohr

39 Surf Road

Stanmore Bay 0932

ACC

Hi all,

- The next SCAG (sensitive claims advisory group) meeting will be held in early December so I will miss reporting anything for this newsletter unfortunately.
- However, are you aware that you can accompany clients to an IARTS with a psychologist and receive payment for up to 2 hours?
- Ring the case manager when you know an appointment has been arranged and inform them you will be attending the appointment with your client and receive a code and purchase order for invoicing.
- I find this process supporting of the client and more collaborative. These hours are additional to the support sessions.
- The "return to counselling" process has now been streamlined. Clients can access an ACC counsellor who will complete an ACC719 (Initiate Return to Counselling Report).

4 sessions will be granted immediately. The counsellor will complete an ACC720 (Therapeutic Assessment and Planning Report). At this point up to 16 sessions can be approved without the need for an external assessment.

These are all positive steps by ACC which after the challenges of the past 2 years and we are so grateful.

Keep up the good work and contact me with any queries or concerns.

Paulette Berryman

berrypeople@xtra.co.nz



STUDENT NEWS:

To the students,

WOW!!!!!! What a year it has been. To all of you who have graduated, a huge congratulations. Also just to let you know in regards to membership and the Student Affiliate position, this is an annual membership and you will need to re apply every year of your study. If you have just become a Student Affiliate you stay one for the full year from the time that you were accepted. Welcome to those of you who have recently joined the New Zealand Christian Counsellors Association I hope to be in contact with you soon.

Well... With the Rugby World cup behind us and timetables back to near normal we are now entering into Christmas, and another upheaval of time tables and lots of Christmas shopping. In all this do remember what the meaning of Christmas is all about; the Birth of Jesus Christ!!!!

Isaiah 9:6

*"For to us a child is born, to us a son is given, and the government will be on his shoulders. And he will be called **Wonderful Counsellor, Mighty God, Everlasting Father, Prince of Peace.**"*

He is the Wonderful counsellor so remember we always have Him as our provider in situations when you think you are out of your depth. Pray for His guidance and direction in your counselling session because now as you have gained the skills to go forward in your career, remember the skills that you have as a Christian and as a follower of Jesus Christ. Remember what Moses said to Joshua in

Deuteronomy 31:8

"...The LORD himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged."

That is something that we can hold onto also. God is with us in our Counselling sessions, He is a great source of wisdom, He made our clients and he knows what will help them. Are we asking God for help with our clients? A challenging question but it is that I charge you (and myself) with. Remember to ask, cry out and seek Him, we are merely helpers of Gods flock of the people He created and loves, so let Him use you in great and mighty ways.

Go well into the Christmas season, relax over the study break, seek God and have a wonderful summer. As always you can contact me via facebook at "New Zealand Christian Counsellors (NZCCA)" or email at nzccastudentrep@gmail.com I look forward to hearing from you soon. I also encourage you to not only "like" the facebook page but also add a comment let's get it full up with comments, questions and conversations!

All the best God Bless and empower you,

Scott Douglas

Student Representative New Zealand Christian Counsellors Association

nzccastudentrep@gmail.com

ETHICS COMPLAINTS

Recently a British G.P. was brought before the General Medical Council (GMC) because he had allegedly spoken about religion to a troubled patient, who presented as both depressed and suicidal. The Doctor was very upfront about being a Christian, and apparently asked the client's permission to talk to him about the Christian faith, with the patient agreeing to this. So far this could appear to be informed consent from the patient. It does however appear to be the case that the Doctor, and not the patient raised the issue of faith with the patient, who was described as a twenty-four year old male, who had a lot of problems, and was very vulnerable.

The Doctor then discussed his personal Christian beliefs with the patient, and went further to suggest several things which the patient found very upsetting. He told the patient that he might benefit from additional help to be found in Jesus, suggesting that the Christian faith would be of more value to the client than his own faith, which was not named in the article. When later questioned about what specific benefits there could be the Doctor replied "He [the patient] had an awful lot of problems, and the thing to know, that God loves us and Jesus loves us and you can deal with this stuff in the past, in terms of guilt or fear of failure, stuff you can really only find through Christianity...I do offer it (faith) in times like this."

So where is the ethical dilemma here? When asked by the doctor if he would like to know more about the Christian faith, the patient allegedly said "go for it". Yet the GMC ruled the Doctor has crossed the line on what was ethical. "Under GMC rules, doctors are not allowed to impose personal or religious beliefs on patients, and if such issues are raised, it must be done in a sensitive and appropriate manner".

On reflection, the patient felt very upset that his own faith had been belittled and the doctor had suggested that his faith [Christianity] "offered something exclusive and superior to that offered by the patient's own religion."

If you want to follow this article up, the link is

<http://www.telegraph.co.uk/culture/books/religionbookreviews/8781871/Christian-GP-suggested-suicidal-patient-embrace-Jesus.html>: retrieved 10/11/2011.

Following the publication of this article I was part of a discussion group that looked at this issue and possible ethical ramifications for counsellors if placed in a similar position. We also looked at the NZCCA Code of Ethics to see how this might inform our discussion around our values as Christian counsellors, and the statement of principles and practice. In summary, there is a commitment to drawing on and expressing God's unconditional love, grace and healing presence, working with integrity within the wider community and supporting clients on their journey, deeply respecting both the uniqueness of each individual and the context within which they live, and using their professional knowledge and skills in ways that actively promote the wellbeing of their clients.

Members of the New Zealand Christian Counsellors Association are committed to:

- being an effective influence within the therapeutic professions, at all times being respectful of individual rights of choice and belief
- serving the Christian community and the wider community, sharing their gifts and being open to the giftedness of others
- demonstrating integrity in their personal and professional lives, through seeking to know, love and serve Jesus Christ, and one another
- the foundational principle of the sanctity of life

Outworked in the statement of principles and practice, the following clauses are relevant.

STATEMENTS OF PRINCIPLE AND PRACTICE

1. The Relationship with Clients:
 - 1.1. While taking account of their obligations under the law, counsellors hold the interests and well-being of their clients to be of primary importance. They recognise that since counselling so directly and intensely affects clients, it should be practiced only in the best interests of the client.
 - 1.2. The well-being of clients takes precedence over the self interest of counsellors and over the interests of colleagues, employers and other agencies.
 - 1.3. Counsellors are sensitive to the cultural and social diversity of their clients. They recognise the differences among people in relation to ethnicity, age, gender, socioeconomic background, sexuality and religious beliefs. When necessary they seek training, consultation or supervision to ensure competent service to all clients.
 - 1.5. Counsellors recognise the power differential implicit within every counsellor-client relationship, and seek to minimise the potential negative impact of that differential.
 - 1.6. Counsellors do not condone or engage in harassment in any form; physical, emotional, financial, spiritual or sexual.
 - 1.8. Counsellors have a responsibility to obtain the informed consent of their clients with respect to all aspects of counselling practice. Informed consent means obtaining the agreement of the client or, where the client is judged incapable of giving informed consent of those authorised to represent the interests of the client.

So what might best practice look like if a client initiates a conversation about spirituality or faith? What if they directly ask us to explain what our faith means to us? To respond to this would seem to be within the NZCCA code of ethics and the GMC guidelines, if done appropriately and sensitively. It seems the line is crossed when this is then pushed further to be privileged over what the person enquiring believes for themselves.

What do you think? We would love some feedback.

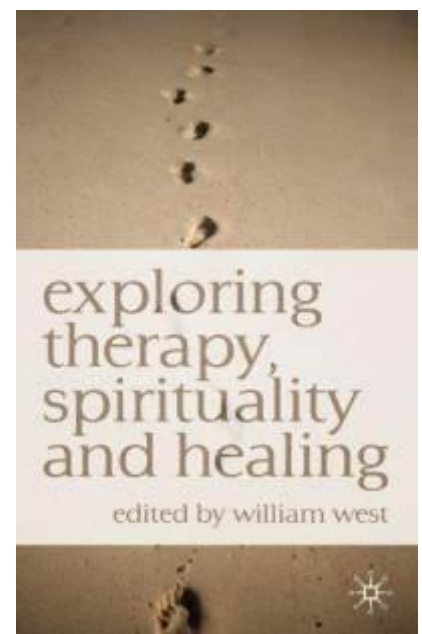
Joyce Carswell

BOOK REVIEW

Exploring Therapy, Spirituality and Healing

William West (Ed.). 2011.

It's been one of those months. In October I think I put up my hand to obtain a book review for the December newsletter, so I duly sent out an email to the local members. Do you think I got any responses NO! So it ended up back on my 'to-do-list' which is overloaded so the book review got forgotten until I received Sinead's reminder. So this book review is about a book that I've recently purchased but haven't yet read (that will happen over the Christmas break). I am really looking forward to reading this book as I believe that the topic is one that all counsellors need to understand. I've taken the content and review from the publisher's website.



Overview of content

What place does spiritual need and healing have in the counselling room? Denying the spiritual dimension of personal distress can be potentially hurtful to clients, but the issue of spirituality is also fraught with professional and ethical issues for therapists. This book draws on original research to move the debate about spiritual need forwards in relation to therapeutic practice, supervision, and training.

An international team of contributors offer a diverse range of perspectives to critically explore a wide spectrum of spiritual issues, including prayer, pastoral care and traditional healing. Edited by a leading figure in the field, this book:

- Illuminates experiences of both clients and practitioners through detailed case vignettes
- Draws on cutting-edge research in this growing field
- Invites readers to address their own therapeutic practice with hands-on discussion points

This measured and thoughtful approach provides a fascinating insight to an often complex and controversial topic. As such, the book is essential reading for trainees and practitioners of counselling and psychotherapy.

The book is divided into 3 broad categories:

- Therapy and Spirituality (7 chapters)
- Therapy and Healing (4 chapters)
- Research and Practice (3 chapters)

Each chapter is written by a different author although William West the editor writes a chapter in the first two categories and two chapters in the final category of the book.

Reviews

'The book is well structured, with much discussion of ethics, implications for practice, supervision and training. A plethora of examples and case studies make it accessible and engaging...It should be of interest to all therapists who are interested in the spiritual dimension of their work and willing to look beyond the confines of their own framework.' - Dr Els van Ooijen, *Therapy Today*

'This book has left me with an excitement about what we are engaging with when we enter into a therapeutic relationship, while acknowledging with West that we need to take great care, as 'therapeutic practice around spirituality and healing remains controversial''. Victoria Sherratt, *Thresholds*

Publisher PalgraveMcMillan <http://www.palgrave.com/products/title.aspx?pid=280664>

NEWS FROM THE REGIONS...

NORTHLAND

Whangarei are looking to start a regional group in March of 2012. It will be held on a Saturday at Anglican Care Centre. Format so far will be to have a shared lunch with a speaker, date to be set in the New Year.

AUCKLAND

Hello everyone,

The year seems to have flown by and it is hard to believe that we are yet again on the 'countdown' to Christmas. It has been a busy year for the Auckland Branch as we have hosted a Saturday seminar on teenage depression, as well as our bi-monthly branch meetings. We have had a wide variety of interesting speakers who have generously given up a Friday evening to share their knowledge and experience with us. The continued support by members has also been heartening.

One of the things which struck me at the NZCCA conference and has continued to be in my thoughts over the year is the wealth of wisdom we have in our senior members, some of whom are on the verge of retirement or have already reached that milestone. With this in mind the Auckland Branch has invited Dr John Sturt, whose work in the counselling field spans fifty years, to share his reflections on his work with us at our December gathering on 2nd December. Since it is nearly Christmas, we will of course be indulging in some 'advance' Christmas fare such as homemade Christmas cake and mince pies, topped off with a glass of wine for those who wish to indulge! So please join us to celebrate.

As Eric and I will be retiring ourselves from the committee this year (although I hasten to add, not because we now qualify for the gold card!) we are looking for another couple of enthusiastic people to join Jo McGrath and Jenny Jackson on the committee (they are great to work with!). We aim to fill these positions at the December meeting. Although Eric and I know that we need to resign to pursue other areas of interest, this move is not without regret as we have all enjoyed working together and having the privilege of organising speakers which others have enjoyed! Nominations can be emailed to Jo McGrath on jo_mcgrath@clear.net.nz

In order to have a little more space at the beginning of the year, our first branch meeting for 2012 will be on 2nd of March, rather than February. Dates for 2012 meetings are: 2 March, 4 May, 6 July, 7 September and 2 November. All meetings are at the St Luke's Community Centre, 130 Remuera Rd, at 7.30pm. New members and visitors very welcome.

Regards,
Helen Florence

WAIKATO

Hi to all our friends and colleagues from the Waikato group,

Well we are all looking forward to having a fun dinner together for the end of the year. We meet bi-monthly on the first Wednesday of the month; starting in February 2012. I have unfortunately just found out that we have lost our meeting place (Breakers) but they have just closed this week. Please contact me for the new place next year- I would love to hear from you.



Dear Colleagues and Friends.

You are invited to attend a pot luck Christmas dinner for NZCCA at Susan Cochrane's home 51 Oaklands Drive Cambridge on the 7th December @ 6.30 pm.

Please bring your favourite dish for us all to taste, the meat will be supplied.

Your partner or best friend is very welcome to join you.

One gift per person \$5

RSVP back to Marion on this email by the 5th Dec.

May God Bless your rest over Christmas.

Marion Hunt, the Nest

E: marion_hunt@salvationarmy.org

Ph: 07 8347000

GISBORNE

Last month we started a monthly Christian counsellors meeting in Gisborne. It was great to meet different Christian counsellors, working in a wide variety of settings, from private counsellors, to counsellors working in national agencies, to counsellors working within their local churches. The goals include increasing networking amongst counsellors and raising the profile of NZCCA amongst Christian counsellors in Gisborne. Networking is something which is often difficult when one is working privately. The initial meeting was great as we were able to share and become aware of each other's areas of expertise. This is so valuable in terms of staying up to date with what is on offer in our local community and being able to refer our clients / whanau on to appropriate service providers. While currently only a third of the counsellors are members of NZCCA, we are hoping this will increase as we raise the profile locally.

Sarah McDonald

For information on the Gisborne meetings contact:

Sarah McDonald (beetlesarah@hotmail.com) or
Bruce McFadyen (brucem@oasistherapy.co.nz)

BAY OF PLENTY

Tena koutou katoa NZCCAers

Greetings to you all from the Bay of Plenty!

As I come to write this for the NZCCA newsletter I'm thinking of all that has transpired over the course of this year; big and small, personal, national, and global and the impact it has had upon us and our clientele.

Ahakoia nga ueue

Kia kaha, kia toa, kia manawanui

When you find things that are difficult in life

Stand strong, stand tall, and be of great heart (<http://cedpataka.wikispaces.com/Whakatauki>)

I find it can be really hard to stand strong and tall in the face of loss and grief but I am meditating upon how to be of 'great heart' so that I have the capacity to manage all the stuff of life.

What's been happening in the Bay?

Since the last newsletter the BOP NZCCA hosted a Dream Workshop facilitated by Margaret Bowater. It was held on September 17 & 18 and was a stimulating two days of good food, good company, and great teaching.

In this photo Margaret is facilitating a conversation allowing one aspect of a participant's dream to have a voice so that greater clarity may be gained as to the meaning of the dream.

October 4 we had an inspiring and informative evening when Dr. James Arkwright spoke to the group about the role of metaphor in the lives of people with illness/disability and how language constructs limitations and possibilities. James used this lovely quote to explain how language constructs all that we are and do. "Subjecthood is granted ... In recognition of the coexistence of oneself with the text... the sense that there is no fixed referent existing outside the text. We are the story happening to us, we are freewheeling in language" (Davies, 2006)



Coffee and dessert on Tuesday December 13 will celebrate the ending the year (23 The Drive, Bellevue @ 7pm).

Arohanui

Suzanne Barthow (Lead Singer)

s.barthow@bti.ac.nz Phone 07 5791732 (Mon-Thurs)

NELSON AREA

For any information regarding meetings etc in the Nelson area contact;

Kathy King

kathy@livertransformed.co.nz

MANAWATU

For any information regarding meetings etc in the Manawatu area contact;

Nici Scott-Savage

nic.watchoutworld@gmail.com

WELLINGTON

Greetings from a sunny spring day in the Capital!

As a very momentous year comes to an end, my prayer goes out to all our fellow counsellors in Christchurch. Kia Kaha to you all and take a well deserved break!

In Wellington we finished the year with our annual Workshop on Friday 25 November at the beautiful Silverstream Retreat. The topic was "Object Relations Therapy" - theory and practice - by Andrew Jones, who is a Psychotherapist and Psychiatric nurse.

Looking toward 2012, we will hope to set up our regional NZCCA gatherings in a way that will benefit the attendees for their counselling practice. We need wisdom in preparing this, as we all have such busy lives.

Many thanks to Anne Costelloe in hosting the Annual Workshop and the regional gatherings at the Rock Church.

Also note: the National NZCCA Conference will be held in Wellington from 17-19 May 2012!

We are calling for people to submit / offer to do workshops at the conference who are living in our region. The opportunity only comes around every 3 years! The Conference theme will be around "Mind & Body". Please e-mail Froukje on Froukje_Spaak@nzf.salvationarmy.org

Have a special Christmas time with your loved ones!

Frank Eijgenraam for NZCCA-Wellington. Mobile: 021-260.3285

CANTERBURY AND SOUTHERN CONNECTIONS

Greetings from Christchurch,

Recently, we were delighted to be together again as a local branch. Because of the earthquakes, we have been unable to maintain our regular get-togethers this year. We have missed each other. How grateful we are to our sponsors who made it possible for us to have a restaurant meal together. It was a night of celebration for having made it through a year like no other! A very special evening for a very special group of people in very special times....

Now we keenly await a Training Day on Attachments on Saturday February 18th with Dr Ruth McConnell from Laidlaw, Auckland. Anticipation is already mounting! Local members, keep watching your emails for final details soon

Blessings

Christine de Senna

Christchurch/Canterbury Representative

CLASSIFIEDS

Who is Pearson Academy?

Pearson Academy is a professional learning centre. We host seminars, workshops, accreditation courses and master classes for professionals in New Zealand and Australia.

Our objective is to deliver expert, relevant and refreshing content and facilitation. We aim to create and cultivate a two-way learning partnership with you and aspire to have relevant, current, refreshing topics that will inspire you and assist you in expanding your knowledge and expertise.

Our facilitators are leading lights in their area of expertise and are excited to share their experience and wealth of knowledge with you.

Browse our 2012 courses online at www.pearsonacademy.com.au

Pearson Academy wants to help YOU

Are you interested in learning more about Motivational Interviewing?

Do you want a guide to the use of assessments in Cognitive Rehabilitation?

We want to help you further your knowledge and expertise!

Tell us what you want to learn about and we will do our best to ensure that training is available to you.

Go to www.pearsonacademy.com.au/newtopic and share your thoughts with us or email us at info@pearsonacademy.com.au

Are you eager to share your knowledge?

We are looking for passionate, eager and experienced professionals to work with us to deliver a wide range of current and relevant topics to assist people in their roles and expand their knowledge and expertise.

Our facilitators are leaders within their areas of expertise and if you believe that you have the depth of experience and knowledge to join our team then we invite you to contact us.

Submit your application to become a facilitator by email or visit our website

Email: info@pearsonacademy.com.au

Website details: www.pearsonacademy.com.au

Phone number: 0800 452 585

Fax number: +61 2 9261 4975

Introducing Judy Lightstone...

Upcoming PSI (Psychosomatic Integration) courses taught by Judy Lightstone:

Weekend Intensives in Eating and Body Image Issues: A PSITM) Approach - *Experience and learn the PSI Anti-diet approach to overcoming compulsive eating and bulimia.*

Starts February 2012; registration deadline January 2012. For more info or to sign up, go here:

http://psychotherapist.org.nz/Continuing_Educationnz.htm

Weekend Intensives in Psychosomatic Integration - Advanced Trauma Treatment: *PsychoSomatic Integration (PSITM) integrates bodily mindfulness approaches with Ego State Therapy, EMDR derivatives, and relational therapy.*

Starts May 2012; registration deadline April 2012. For more info or to sign up, go here:

http://psychotherapist.org.nz/Continuing_Educationnz.htm#PSIseminar