



**New Zealand Christian
Counsellors Association**

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Executive Officer:
Adrienne Hunt

As you have indicated an interest in applying for under the Special Circumstances Clause, I have enclosed the following information to assist you with your application.

The criteria for the Special Circumstances Clause are as follows:

- Persons may be accepted as members by the association who:
 - (a) Have been in practice for at least eight years.
 - (b) Have conducted at least 2000 hours of counselling.
 - (c) Have received at least 50 hours of supervision from a person who has membership (at a level which satisfies the Committee) of NZAC, NZAP, or a clinical member of NZCCA, or a fellow of the RANZCP, or equivalent body approved of by the Committee, in the two years prior to application.
 - (d) Provide two full unedited audio or video tapes. One tape is to be an evaluation session, the other to be an ongoing counselling session. Both tapes must be accompanied by a verbatim of a ten-minute segment which exemplifies effective practice. (Set out as per sample criteria.) A statement of 500 to 1000 words which gives a formulation of the client's issues, and a therapeutic plan which has been agreed to and signed by the client.
 - (e) Accept and agree to abide by the Rules, and the Code of Practice and Ethics of the New Zealand Christian Counsellors Association.

So in order to apply under the Exceptional Circumstances Clause the following are required:

- Completed standard application form, if not already a member, Sections A-E (together with stated fee).
- Two video or audio tapes of 50-60 minute sessions.
- Two 10-minute verbatims. (Set out as per sample criteria.)

- Two 500-1000 word synopses (relating to the verbatims) which give the formulation of client issues, and a therapeutic plan which has been agreed to and signed by the client.

The processing of the Special Circumstances Clause is a lengthy process. Depending on the number of people applying under these criteria, applicants may be charged a reasonable fee for this service.

Yours sincerely

Adrienne Hunt
Executive Officer

An Example of Verbatim and Accompanying Process Observations

Counsellor's internal process	Verbatim	Counsellor's assumptions about the client's process
Deliberately spoken quietly, reflecting back what I'm sensing - I'm aware of being pushed away by the client and feeling a sense of sadness	Co: Seems like there is a barrier between us	Tense body, reluctant to talk, after a few minutes silence, felt he has put a barrier between us
	Cl: A what? What do you mean?	
Use my hands to model a barrier	Co: Like we're separated by a barrier	
	Cl: Separated?	Non verbals which suggest disbelief and questioning
Continuing to reflect what I'm experiencing, and feeling curious	Co: Yes I feel shut out by an invisible barrier...	
	Cl: No no it's a double brick wall with a door in it. The door is usually closed.	Cuts in over my incomplete sentence. Client's unfocused gaze, still body and indicate being located being located "behind the wall" again.
Attempting to draw attention to what is happening somatically and emotionally by avoiding a question and using a lead line	Co: And when I'm behind the wall I feel...	
The lead line appears to be successful in keeping the client located in feelings and body	Cl: Safe	Body remains still and gaze remains unfocused
Deliberately wait a few moments in silence to allow a greater settling into this state, then give another lead line to deepen the process	Co: And another time I needed to feel this safe like this was...	Remains still, eyes unfocused.... Eyes begin to water slightly.
I'm aware of feeling warmth and compassion	Cl: When my first wife left me. I thought by initiating the break this time I would avoid feeling so cut up.... Guess you could say it hasn't worked!	Tears begin to flow freely.... Eventually smiling through the tears with the last sentence
Deliberately going back and picking up on the client's metaphor of "safe" to reinforce that the counselling setting is a safe place to allow contact with pain. Reinforcing the client's "guess"	Co: I think we can safely say that	