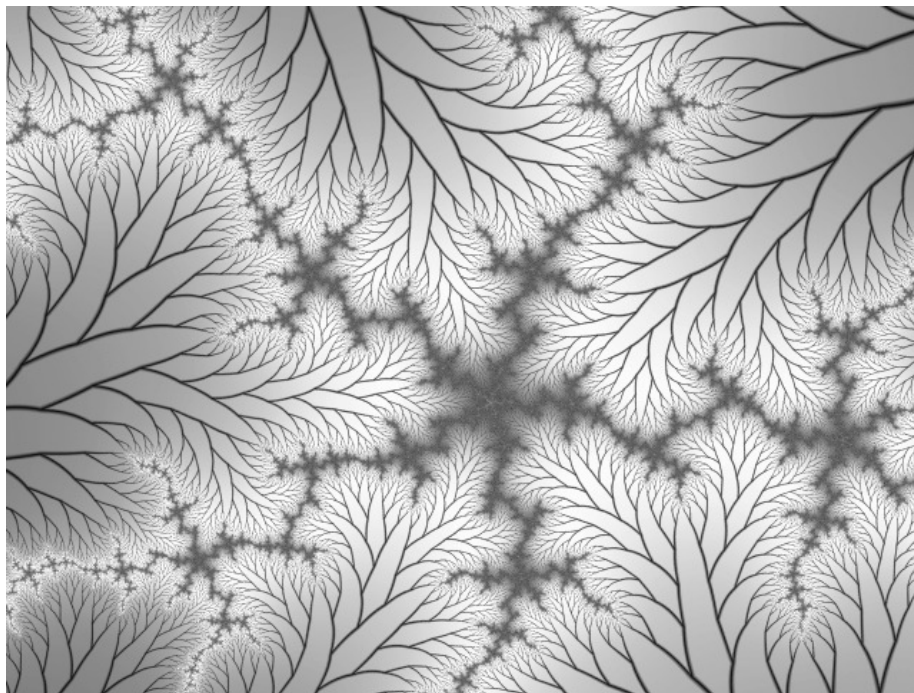




# **NEW ZEALAND CHRISTIAN COUNSELLORS ASSOCIATION**



**NEWSLETTER  
SEPTEMBER 2011**



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Mon – Fri / 9am – 2pm



## CHAIRPERSONS' REPORT

Greetings to you all

There are a number of things to report on this time...

Firstly, Adrienne Hunt is resigning as our Executive Officer, as of early October. Adrienne has been in the role for close to five years now and has made a significant contribution to the running of the organisation. She has streamlined many of our office processes and record-keeping, and has done great work on our newsletters and website. We really appreciate the way she has prepared for conference each year, and our Executive meetings and retreats have always run smoothly because of Adrienne's work ahead of time. Adrienne, thank you for all you have invested in NZCCA - you will be missed and we wish you well for your new role.

We are in the process of advertising to replace Adrienne, but it may be that there will be a gap in having someone in the office. If this is the case we will do whatever we can to cover what needs to be done but please bear with us in the interim.

Secondly, the on-going registration issue is...on-going! It had looked like there was some light at the end of the tunnel but now the Ministry has decided that there will be no new registration requests looked at until a review is undertaken. So for the time being it is *status quo*. Joyce Carswell has been attending the joint association

## EXECUTIVE COMMITTEE

Chairperson:  
Andrew Smith (Co-opted)

Membership Committee  
Chair:  
Kathy Clist

Ethics Committee Chair:  
Joyce Carswell

Student Rep (Co-opted):  
Scott Douglas

Executive Officer:  
TBC

Paulette Berryman

Suzanne Barthow

Kathy Clist

Bruce McFadyen

Christine de Senna

discussions and keeping us informed – thank you Joyce for taking on this rather thankless task.

The Executive Committee is meeting for our annual retreat at the end of October. This is always a time not just for the immediate business of the Association but also for having a little more time than our usual meetings to consider the future. We are currently working on reshaping the way we work, and creating more specific portfolios for Exec Members, with sub-committees and ad hoc groups as a means of carrying the increasing workload required to run a growing Association.

So, never a dull moment in the life of NZCCA! Our God is faithful and we trust Him to lead us into an exciting future.

Best wishes

**Andrew Smith**

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## **EXECUTIVE OFFICER'S REPORT**

As Andrew has mentioned, this will be my last column for NZCCA. I have greatly enjoyed my time with the Association and have made many friends. I hope to see many of you again in the future. My last day in the office is Tuesday the 4<sup>th</sup> of October.

### **Directory 2011/2012**

Included with this newsletter is the directory for the coming year. If your name is not included it is because:

- you have indicated that you do not want to be included
- you have not returned your directory information form
- you have not met the requirements for receiving an Annual Certificate of Practice

The Web Directory has also been updated.

## **First Port of Call**

I have had a number of calls from members over the past few weeks with questions that a quick trip to the website would have been able to answer. Please make the website your first port of call when looking for information especially while a new person is beginning to come to grips with the role.

Look for the Frequently Asked Questions sections which are available under applications, membership and safe practice menus.

## **Membership Upgrades**

Please check the forms under Applications to find the latest Membership Upgrades. Please Note: you are not required to complete a full application form. Your initial application as well as any annual reviews submitted for the period since you were accepted as a provisional member will be the supporting documentation for your upgrade application. A lack of submitted or inadequate annual reviews may impact on your upgrade.

## **Conference 2012**

We are already well into the planning stages for next year's conference. Conference packs will be sent with the December newsletter. The dates, so you can write them in your diary, are **17 – 19 May** and the conference will be at the James Cook Grand Chancellor in Wellington. Guest Speakers will be Brian Broom and James Arkwright.

Thank you for your ongoing support during my time as Executive Officer. It has been a time of

The NZCCA Newsletter is produced by the New Zealand Christian Counsellors Association and distributed free of charge to Members, Student Associates and Affiliates of the Association as well as to the campuses of Universities & Training Institutions with counselling students.

Whilst it contains information and news items about the Association and related issues, opinions expressed in the newsletter are not necessarily those of the Association. The inclusion of courses, advertising or enclosures does not necessarily indicate NZCCA support for the content.

The newsletter is distributed quarterly at the end of February, May, August and November

learning and growing. I look forward to watching from the sidelines as the Association moves into its next period of growth and development. Be patient and understanding with the Executive and the new Executive Officer. As in life; growth tends to be a slow and sometimes painful experience.

My prayer is that this may be true for each of you:

*The Spirit of the Sovereign LORD is on me, because the LORD has anointed me to proclaim good news to the poor. He has sent me to bind up the broken-hearted, to proclaim freedom for the captives and release from darkness for the prisoners, to proclaim the year of the LORD's favour and the day of vengeance of our God, to comfort all who mourn, and provide for those who grieve in Zion—to bestow on them a crown of beauty instead of ashes, the oil of joy instead of mourning, and a garment of praise instead of a spirit of despair. They will be called mighty oaks, a planting of the LORD for the display of his splendour.* Isaiah 61:1-3

## God's blessings

Adrienne Hunt

### THE TOUCH OF THE MASTER'S HAND

'Twas battered and scarred and the auctioneer  
Thought it scarcely worth his while  
To waste much time on the old violin,  
But he held it up with a smile.

"What am I bid, good folk?" he cried.  
"Who'll start the bidding for me?  
A dollar, a dollar ... now two ... only two ...  
Two dollars, and who'll make it three?"

"Three dollars once, three dollars twice,  
Going for three" ... but no!  
From the room far back a gray-haired man  
Came forward and picked up the bow.



Then wiping the dust from the old violin  
And tightening up the strings,  
He played a melody pure and sweet,  
As sweet as an angel sings.

The music ceased, and the auctioneer,  
With a voice that was quiet and low,  
Said, "What am I bid for the old violin?"  
As he held it up with the bow.

"A thousand dollars ... and who'll make it two?  
Two...two thousand, and who'll make it three?  
Three thousand once and three thousand twice ...  
Three thousand and gone!" said he.

The people cheered, but some exclaimed  
"We do not quite understand ...  
What changed its worth?" and the answer came:  
"‘Twas the touch of the master's hand."

And many a man with soul out of tune  
And battered and scarred by sin  
Is auctioned cheap by the thoughtless crowd  
Just like the old violin.

A "mess 'o pottage"  
A glass of wine  
A game and he travels on.  
He's "going" once  
And "going" twice  
And "going" . . . and almost "gone"



Then along comes the Master, and the foolish crowd  
Never can quite understand  
The worth of a soul or the change that's wrought  
By the touch of the Master's Hand.

**Myra Brooks Welch**

## PRICING FROM 1 JULY 2011 – 30 JUNE 2012

Description	GST Ex	New Inc GST
Additional Directories	\$5.00	\$5.75
Advertising	\$47.83	\$55.00
Application Fee	\$78.26	\$90.00
Membership Fee	\$282.61	\$325.00
After 1 January	\$183.70	\$211.25
After 1 April	\$127.17	\$146.25
Membership on Hold with benefits	\$133.33	\$150.00
Affiliate Subscription	\$133..33	\$150.00
After 1 January	\$84.78	\$97.50
After 1 April	\$58.70	\$67.50
Student Associate Subscription	\$43.48	\$50.00
Interview	\$275.00	\$316.25

### 2011 Membership Committee Meeting Dates

The Membership Committee and Executive will be meeting on the following dates to consider membership applications next year. To be considered at one of these meetings your application must reach the NZCCA office at least 21 days prior to the meeting.

October 28

December 2

### STUDENT NEWS

Hi there, to you all.

Wow what a great few months it has been. The sun is starting to shine and it looks like the storms are 'ka put' (for the time being). It is nice to walk around and see the wonderful spring flowers and the return of all the birds. Looking ahead into the future, as I am sure a lot of you will be doing at the moment, with the onset of exams, assessments and up and coming job hunting. I hope you all have been having a great semester. I would like to encourage you again to email me on student rep email. I have not had a lot of communication with the NZCCA Student Associates, but I am available to be contacted at

nzccastudentrep@gmail.com, so do drop me a line, query or questions, and I will do whatever I can to answer and reply.

Also wonderful and new, there is now a Facebook page for the “New Zealand Christian Counsellors Association (NZCCA)”. This is a place where updates of what is coming up in local regions and nationally will be posted in addition to the web site. This will be focused at the student body of the NZCCA and is designed to be a place for questions about assignments, case study notes and can be contributed to by the students. The Facebook page will be monitored and adjusted as needed from the perspective of privacy and the NZCCA Code of Ethics.

This is all new and exciting stuff that’s going on!!!!

In Auckland, and all over the country, we are in the middle of The Rugby World Cup, the whole globe is focusing on this little God Anointed Nation in the South Pacific. When I think about the hugeness and the glamour that has surrounded the teams the players and the games so far I think about the glamour and the hugeness of God; His teams, His players, and His game. We look at this world as temporary and eternity is the Goal, along the way we are confronted with many trials and test matches. The enemy is out to cut us down tackle us with head highs, and plays from left field that we were not expecting. The enemy has studied us and is like a lion roaring to intimidate us; he is out to get us and knows our weak spots. The key is to know his plays and be ready for what he may throw at us. A question I hear often is why am I here again? (Or something to that essence). Learn the tactics of the enemy’s team this will set you up well for the future. Remember whose team we are on! God has won and overcome, come out on top with the trophy already. If we learn to play a good game from start to finish and to pick ourselves up again when we are head high tackled we can continue on in triumph.

- Be aware of the places you play, don’t set yourself up to fail by making poor choices, although sometimes we can’t choose where we play the game we can choose how we play it
- Know the Game play and determine how you will play, right to the end
- When you get tackled get up again, God will honour this

- Don't repay evil for evil this could get you sin binned and taken out of the game in the most important part
- Keep your eye on the ball (whatever it is), together with those around you, you can make the try line and reach your goal

So I encourage you whatever teams you are supporting in the Rugby World Cup, remember we are also in a game that, as unfair as it may seem in the world, has already been won, so let's play well and win TRIUMPHANTLY!!!!

### **Scott Douglas**

Student Representative New Zealand Christian Counsellors Association  
[nzccastudentrep@gmail.com](mailto:nzccastudentrep@gmail.com)

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## **REFLECTIONS OF A NEW EXECUTIVE MEMBER**

Tena koutou katoa NZCCAers

What does the NZCCA National Executive ACTUALLY DO? I mean apart from getting to staying in a motel, chat and eat food.

That's a good question. I've now attended two Exec meetings and as a new member of the NZCCA Executive I have to say that I've been really impressed with the integrity and commitment that is displayed by the Exec members. These are people of great calibre and capacity. Do you know that these people that you've elected are seeking to be God followers and outwork their Christian values in the context of the NZCCA Executive? This means that they take the task seriously giving of their time and energy (along with some laughter and good-natured teasing).

The Membership Committee is just one example of how the Exec spends their time. Each application for membership and the Annual Certificate of Practice is diligently and thoughtfully considered. There's no 'rubber-stamping' happening here. This is so that we can have confidence that our members meet the requirements of the NZCCA Code of Ethics and Practice, part of which says, "Christian counsellors seek to be qualified, accountable practitioners, who work with integrity within the wider community." I know

that I have a greater appreciation for the work of the Membership Committee since joining the Exec.

So what else oh, that's right, staying in a motel. Yes, we stay in a motel. However, it is a modest motel and we are trying a new system in December to see if we can get all our mahi (work) done in one day so that we don't have to stay overnight.

Yes, we have food but only in between long discussions and considered debate. Yes, we chat about new ventures, grandchildren, and what's happening in our lives but in the context of building relationship and creating a solid foundation for the organisation.

The NZCCA Exec is a really great group of people who are truly interested in creating an organisation which is honest and accountable and one which will uphold the name of Christ and be respected within the Aotearoa context.

So add them to your prayer list, encourage them when you see them and get behind the organisation because it's really worth getting behind. Let's make our organisation great.

**Suzanne Barthow**

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## **ETHICS COMPLAINTS**

I wonder if you ever get asked by a third party what might constitute an ethical complaint, and, if there seems to be grounds for this, how to go about beginning the process. This happened to me recently. An acquaintance mentioned that their friend had been experiencing marriage difficulties, but initially didn't want to go to counselling with his partner, as it was the partner who was keen for this to happen, while he was very reluctant. The couple decided that the wife would go to counselling on her own, and she planned to discuss in counselling how the relationship was playing out for her. After several sessions of counselling the counsellor suggested the husband should also attend, as it would be helpful to have the couple together to work out some ways to communicate better, and change some of the less-than helpful communication patterns they had established.

This seemed okay to the husband, so with this goal in mind he agreed to attend counselling with his wife. Part way through the counselling session he noticed a shift, from the counsellor working with the couple to aid their communication, to placing responsibility on the husband for the past conflict and current tension within the room. It seemed to him like he needed to do all the changing, and he felt blamed and ganged up on, by the counsellor positioning herself with his wife and telling him this was yet another example of his passive /aggressive behaviour. It was not what he had agreed to, and he decided he didn't want to return. He believed the counsellor had not been honest in saying the counselling was about one thing, and then doing another, and of not giving him what he thought was a fair hearing.

I asked my acquaintance if her friend wanted to pursue the matter in some way, but he didn't want to "rock the boat" and cause more trouble, it seemed to him he had caused enough already. To complicate matters further, he and his wife attended the same church as the counsellor, and he was not sure how far any ripples he created would extend. We discussed the possibility of him directly contacting the counsellor, in person, or in writing, to express his concerns and see if there could be resolution at this point. If this was not satisfactory he could contact the Executive of which ever organisation the counsellor was membered with, to initiate a complaints process.

The complaints procedure of NZCCA places high value on both Christian principles and professional standards. The rationale for this is printed below. NZCCA Complaints Procedure, May 2008.

*When dealing with complaints, the aim of the Association is to ensure the highest standard of counselling, safe and sensitive care for anyone bringing a concern, and a process that is conducted in a way that brings clarification, healing, restoration, and reconciliation wherever possible. Because the Association is founded on, and embraces the Christian tradition in all aspects of its life, complaints will, as far as possible, be processed according to Christian principles, aiming to be supportive, and maintain the dignity of all parties concerned.*

*We appreciate that bringing a complaint is never easy for the complainant, and also that matters of this nature can have serious professional ramifications for a counsellor. The Association may take legal advice at any point of any complaints process. The process will be conducted as expeditiously as circumstances allow. However, all parties should be aware that a complaints process can be a prolonged affair.*

It seems the client was aware of possible ramifications for the counsellor of a complaint, but it's also helpful to appreciate there are a number of outcomes to this process, and complaints do not automatically lead to a formal complaints hearing, or the counsellor being publically named. This could reassure people such as this client, in aiming for the outcome that the counsellor becomes a safer and more thoughtful practitioner.

You may want to refresh your knowledge of this process: you can locate it under ethics on the CCA website.

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## **We warmly welcome & congratulate the following Members and Subscribers:**

### **Regular Members**

1. Angelika Halstead, Auckland
2. Alan MacKenzie, Kawerau
3. Shaaron Arnold
4. Anne Costelloe
5. Jeremy Le Comte
6. Rosemary Cooper

### **Membership Upgrades**

1. Linleigh Abel
2. Amanda Acheson

### **Student Associates**

1. Denise Richards (Tokoroa)

## **Notification of Cancellation of Membership:**

The following memberships were cancelled by resolution of the Executive Committee:

1. Donna Soo Choon, Hamilton
2. Yvonne Elliott, Auckland
3. Marcia Taylor, Tauranga

## **MEMBERSHIP**

I would like to begin this report with a big 'THANK YOU' to two people. Firstly, Froukje Spaak has stepped down from the Membership Chair role. Thank you Froukje for your dedication and commitment to this committee and to creating policies and procedures which have made a difference to our membership processes! Froukje is still a member of the Committee so we will still have her valuable input.

The second thank you goes to Adrienne Hunt, who, as our Executive Officer, has supported the Membership Committee and has carried out its decisions. Adrienne, we have appreciated you, we will miss you, and we wish you the very best!

The Membership Committee has been busy processing new applications and looking through all the Annual Reviews. At the end of this report is an Annual Review Flow Chart which we hope will help members understand our process.

There has also been some confusion this year as to what period the Annual Review covers. It now covers the previous **calendar year** (i.e. Jan-Dec 2010 for the last review). The reviews are sent out in April to give members three months to complete them and send them back, then the Annual Practising Certificates are sent out as close as possible to their expiry date, which is 30th June each year.

Those of you who are supervising our members, please remind your supervisees that, unless they put their membership on hold or advise NZCCA that they are not currently seeing clients, we take a very dim view if the minimum supervision requirement of 11 hours per year isn't met!

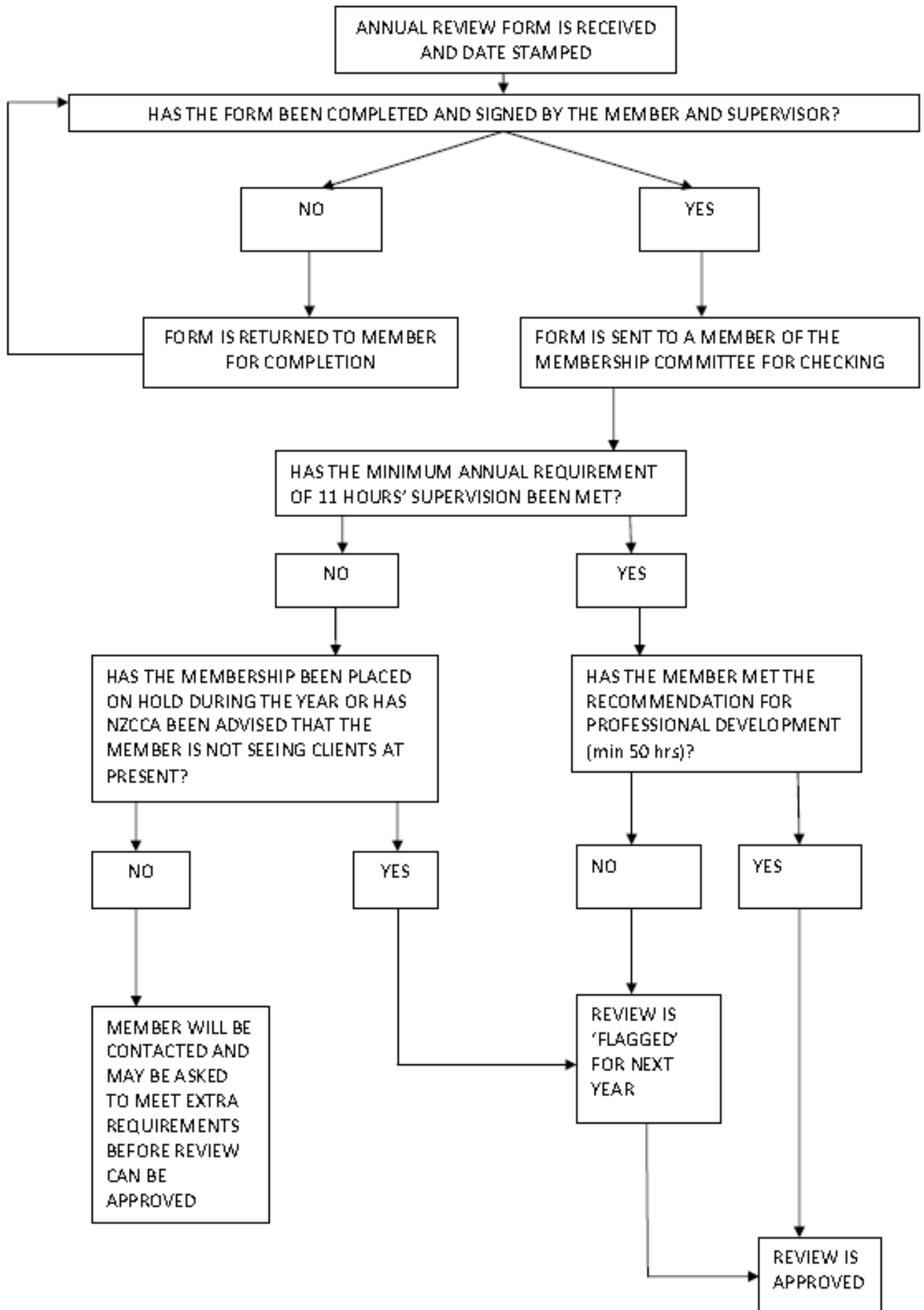
The Review Process is not taken lightly, as the credibility of our Association and its members depends on regular accountability and professional development. We are working hard to maintain this – please be patient with us if some of it seems a bit pedantic at times! If you have any queries please contact us, we're here to help.

On behalf of the Membership Committee

**Kathy Clist, Froukje Spaak, Bruce McFadyen, Scott Douglas**

Membership enquiries can be addressed to [kclist@carewaitakere.org.nz](mailto:kclist@carewaitakere.org.nz)

# NZCCA ANNUAL REVIEW PROCESS



## **ACC**

Having just returned from a SCAG meeting I continue to remain encouraged and positive about the collegial conversation that ACC are having with us.

NZCCA and NZAC representatives were invited to a conversation last week about the future credentialing of ACC counsellors.



Again I am impressed by the consultation taking place around these important issues. I encourage you to attend the regional road shows to keep up with changes and to take and discuss your concerns.

SCU plan to conduct more of these before Christmas.

Thank you

**Paulette Berryman**

[berrypeople@xtra.co.nz](mailto:berrypeople@xtra.co.nz)

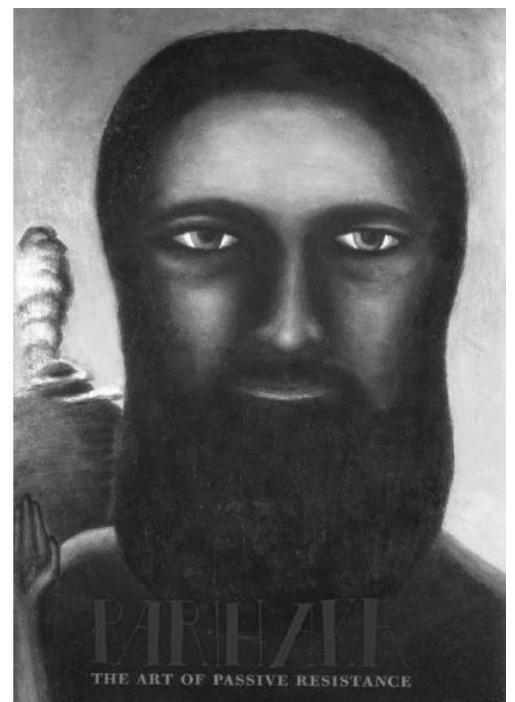
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## **BOOK REVIEW**

### ***PARIHAKA: THE ART OF PASSIVE RESISTANCE.***

For some time now I have wanted to find out more about Parihaka, the site of passive resistance against incursions of the New Zealand government onto Maori land. in the 1860 to 1880s. This book was recommended to me, and it has more than fulfilled my expectations.

The book begins with a historical essay giving background to events in Taranaki leading to passive resistance culminating in government troops attacking the well established pa site of Parihaka. It outlines the philosophy of Te Whiti O Rongoami and Tohu Kakahi, two rangitira who sought to combine their



Maori heritage with the new teachings they had received through Christianity; to somehow hold to their land and values without clashing with the increasing demands of colonization. It outlines the gradual and sometimes not so gradual attrition of land and the stand taken against this, seeking peaceful negotiation, and when this was not able to be accomplished, passive resistance. This is a moving account of a vision for a way forward that was thwarted by settler demands for land, and a government of the day had lost its way with respect to even handed fairness and to the commitments of the Treaty of Waitangi.

Following the essay are chants and in Maori and English written around this time along with songs for Poi and Hakas. Standing as a testament to the present and the future, they reflect lament, a desire for justice, and hope, founded on the strength and dynamism of the past.

A series of short essays follows, entitled Living Legacies, written by descendants who have current ties to Parihaka. These review the past, but also offer hope for the present and future, as vision and heritage are reclaimed. The effects of decline and marginalisation are noted, as land was lost that had made this a viable and thriving community. As land and spirituality are intrinsically connected, there was a spiritual as well as material decline.

However a renaissance is noted, including appreciation for traditional chants, Waiata and Karakia, with a strong desire for these not to be lost. A further trend noted is a positive impact as Pakeha have become more open to finding out about Parihaka. One of the responses was an art exhibition, with representative work from both Maori and Pakeha artists. Many of these works are reproduced in this book along with historical black and white photos, relevant documents and responses in other mediums to the events of Parihaka.

Here is a sample.

Eliabeth Smither. Twelve little poems about Parihaka.

Grass.

*Those who are bent by the wind shall rise again when the wind softens. Te Whiti.*

What could the grass say  
of what it has seen?

Flattened, parched, trodden, burned  
Surviving all, licking the rain  
With its tongue, bending  
to the wind and rising again.

If you are looking for a book on Parihaka that brings together historical narrative and heritage with a contemporary response through essays, art and poetry I would highly recommend this volume.

**PARIHAKA, THE ART OF PASSIVE RESISTANCE** (2001) is edited by Te Miranga Hohaia, Gregory O'Brien and Lara Strongman, and published for the City gallery, Wellington by the Victoria Press.

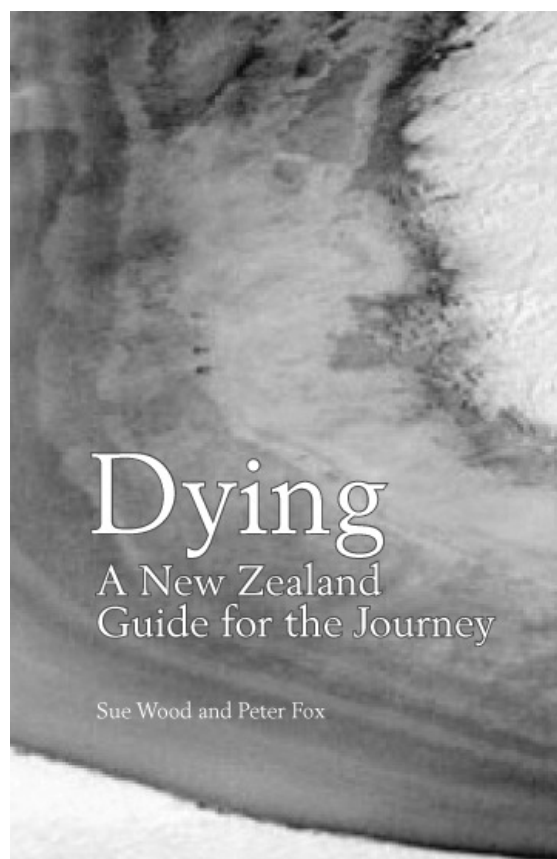
Reviewer: **Joyce Carswell.**

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### ***DYING: A NEW ZEALAND GUIDE FOR THE JOURNEY***

It was a shock when my sister and I found out that our mother had been diagnosed with cancer. Mum's initial reaction was, 'Oh, well – they can cut it out and I'll be better.' My sister and I were not so sure. Having been healthy and active for all of her 82 years, our mum had slowed down considerably and we knew we had a huge journey ahead of us.

That journey was not a smooth one. We all had to adjust to the inevitable – weeks spent away from home undergoing radiotherapy, the physical side-effects of treatment, as well as the emotional and psychological changes we were all experiencing. How do you prepare for that?



A little book came our way in the early stages, which helped us immensely in coming to terms with it all. *Dying: A New Zealand Guide for the Journey* is packed full of practical information – the importance of adequate support and how to get it, advice on medication, right through to tips on how to use aromatherapy and massage for relaxation. It explains that feelings of helplessness, frustration, denial and even anger are totally natural, and the

simple awareness that my feelings were okay was often enough to keep me going.

This book needs to be read by anyone caring for the terminally ill at the earliest, in order to achieve the maximum benefit of its wisdom and insight. Sharing some of the thoughts expressed with the ill person may be difficult because of denial or shock, but will surely keep the lines of communication open when they are needed most.

Reviewed by **Val Thompson**

The book is available from bookshops but also from: [books@calico.net.nz](mailto:books@calico.net.nz), phone 09 6245674, PO Box 29039, Greenwoods Corner, Auckland 1347.

*If you have read a book that you have read and that you would like to review for the Newsletter, please contact the office.*

# NEWS FROM THE REGIONS

## NORTHLAND

Whangarei are looking to start a regional group in March of 2012. It will be held on a Saturday at Anglican Care Centre. Format so far will be to have a shared lunch with a speaker, date to be set in the New Year.

# Auckland

Greetings from Auckland

We have been more active than usual over the last few months as we have hosted a day seminar with Dr Barbara Bulkeley about teenage depression. This was well attended, and Barbara's wisdom was appreciated, judging from the feedback. It was also a great opportunity to get to know each other a little more.

Rodger Jack spoke eloquently on the topic "When hope is elusive", at our July meeting. I will especially remember Rodger's graphic drawing of parallels between the colonisation of Aotearoa New Zealand by white settlers, and the loss of hope by clients who have experienced the mental health system as colonising.

We are fortunate to have Sheila Pritchard, a well known spiritual director and author of "The Lost Art of Meditation" speak at our October meeting. Sheila will help us explore a deeper spiritual journey. Depending on when the newsletter reaches us, however, this event may have already happened!

There are going to be some changes on the Auckland branch committee next year. Both Eric Hodgkinson and I have served a three year term and have decided not to put our names forward for re-election owing to other commitments. However, Jo McGrath, who has already completed a three year term, intends to continue on the committee. Jenny Jackson, the latest person to join the team, will also continue. We are hoping to elect 3 new members at our December meeting, so please think about whether you would like to "have a go". I have enjoyed working with such a great team and seeing the enthusiasm of everyone who comes to the meetings. It has been rewarding seeing the Auckland Branch flourish again. Nominees will have the opportunity of introducing themselves to the meeting before we vote. Nominations for yourself or someone else (with their approval) can be sent to any of the committee members.

Helen Florence – [jhss@slingshot.co.nz](mailto:jhss@slingshot.co.nz)

Eric Hodgkinson [eric48@ihug.co.nz](mailto:eric48@ihug.co.nz)

Jenny Jackson [jenny@jacksoncounselling.co.nz](mailto:jenny@jacksoncounselling.co.nz)

Jo McGrath [jo\\_mcgrath@clear.net.nz](mailto:jo_mcgrath@clear.net.nz)

Remember that our branch meetings are bi-monthly, on the first Friday at the St Lukes Community Centre at 130 Remuera Rd.

Next meeting is on October 7<sup>th</sup>.

**Helen Florence**

# Waikato

Greetings from the Waikato group.

A meeting/get together of interested counsellors held each Month has been going well with good steady attendance along with some new faces.

Blessings from

**Marion Hunt**

Work 07 8434509.

Home, 07 8237494.

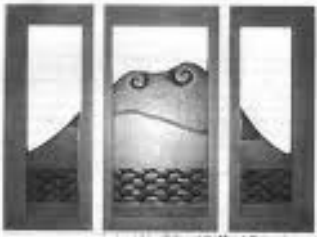
Email: [marion\\_hunt@nzf.salvationarmy.org](mailto:marion_hunt@nzf.salvationarmy.org).

# GISBORNE

**For information on the Gisborne meetings contact:**

Sarah McDonald ([beetlesarah@hotmail.com](mailto:beetlesarah@hotmail.com)) or

Bruce McFadyen ([brucem@oasistherapy.co.nz](mailto:brucem@oasistherapy.co.nz))



# Regional Report for BOP NZCCA September 2011

Tena koutou katoa NZCCAers

Ko te mea tuatahi me wehi ki te Atua, ko ia te kaiwhakaora o nga mea katoa.

Firstly, I wish to acknowledge God who gives life to everything and pray that you are finding ways to balance the four walls of your whare (Te Wairua, the spiritual; Te Hinengaro, the mental and emotional; Te Tinana, the physical; Te Whanau, the relational).

What's been happening in the Bay?

Since the last newsletter we met at the beginning of August and had Andrew Tomlinson from St. Peters House in Tauranga come and speak with us about their work. Andrew also told some of his own personal story and the journey that he and his family have embarked upon in this new role. It was a great time and we had our biggest group to date.

So what next?

September 17-18 we are facilitating a Dream Workshop which is being run by Margaret Bowater. So far we have 16 participants and as there is a maximum of 20 participants I'm really encouraged by the response. You'll hear about our experiences of the workshop in the next newsletter.

October 4 we have Dr. James Arkwright coming to speak to the group about his doctoral work which investigates participants' experiences of living with a disability from a discursive perspective.

The meetings are held at 23 The Drive, Bellevue at 7pm.

Arohanui

**Suzanne Barthow (Lead Singer)**

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Phone 07 5791732 (Mon-Thurs)

# Manawatu

Kia ora from NZCCA Manawatu,

Many of you will not know that I have taken on the chair role of the local branch. I thought it was a good opportunity to introduce myself and let you know the plans for the future.

I am the manager and a counsellor at Methodist Social Services, having trained at Laidlaw College and now nearly completed post graduate study at Massey University. I have three children, aged 9, 11, and 13, and in my spare time I compete in the sport of Bodybuilding. My interests in counselling include family work, self esteem work, personhood in aesthetic form (I also work as an image consultant) and I am currently training in nutrition therapy which I will be incorporating into my practice later this year. I am a facilitator for the Friends for Life anxiety prevention program for children and youth, and facilitate other workshops around self care, image development, and other subjects.

I took on this role after speaking to Paulette, and not being content with the notion that the local branch may be no longer. I had as a student and counsellor gained a lot from the informal workshops and networking. With the best intentions, time has got away on me this year as I have settled into the manager role. I have however had a few conversations with people happy to run workshops for NZCCA locally in conjunction with meetings. My plan at this stage, after reviewing the feedback from the questionnaire completed last year is to have a couple of informal networking lunch meetings before the end of 2011, and invite some discussion around what 2012 for the local area might look like.

I look forward to a stronger involvement locally, meeting new members, and re-establishing those former networks, and let's see what unfolds.

Many blessings to you and yours!

**Nici Scott-Savage**

# Wellington

Greetings from a sunny capital!

The regional meetings have been attended by a small and dedicated group of counsellors this year.

Due to the smaller numbers attending a survey has been sent out to find out how NZCCA can best serve the Wellington region: Wellington, Porirua, Kapiti and the Hutt Valley.

We want to warmly invite you to the upcoming Workshop on “**OBJECT RELATIONS THERAPY**” on 25 November! (transferred from the earlier date of 22 July). Andrew Jones, a registered Psychotherapist and Psychiatric Nurse, will speak on this topic.

Last year's successful Workshop was on Attachment Theory. Attachment theory describes what we can observe when it comes to how children attach to caregivers then object relations refers to the inner workings of the child's mind (and later the adult's mind).

This is a NZCCA Wellington Branch Workshop and members from other regions and non members are more than welcome.

Send your enquiries to: Anne Costelloe

Ph 04) 973 9826

Email: [p\\_acostelloe@clear.net.nz](mailto:p_acostelloe@clear.net.nz)

FOR YOUR DIARIES: The last regional network meeting will be Monday evening, 14th of November from 7.30 till 9.00 pm

@

The Rock Church, 4 Glover Street, Ngauranga Gorge.

Enjoy your sunny Spring days!

**Frank Eijgenraam for NZCCA-Wellington. Mobile: 021-260.3285**

# Canterbury & Southern Connections

## Greetings

Here in Christchurch we all continue to do the best we can to keep up with the many extra challenges that a very long earthquake season presents. Several of our members are working their way through very significant housing or work place decisions. We again send them our love and support

On a very cold winter's night in July, a small group met together, primarily to support each other through tough times. Marjorie Hunt led a teaching session about *Counsellor Self Care in our Earthquake Season, including Signs of Secondary Trauma*

Our annual spiritual retreat will take place on Saturday 1<sup>st</sup> October. Then on a Thursday evening at the end of November *we will celebrate together* a year that we will never forget! "He has brought us thus far by his grace...."

## Blessings

**Christine de Senna**

# Top of the South - Nelson Area

Greetings from Nelson,

The Nelson Counsellors are continuing to meet on a 6 weekly basis which are valuable times together and are great for sharing resources and building great relationships. If you would like to know more about these meetings please contact Kathy at the email address below.

Love and blessings

**Kathy King**

[kathy@livestransformed.co.nz](mailto:kathy@livestransformed.co.nz)