



NZCCA

**NEW ZEALAND CHRISTIAN
COUNSELLORS ASSOCIATION**

**INFORMATION ON MEMBERSHIP
REQUIREMENTS**

APPLICANTS WHO TRAINED OUTSIDE OF NEW ZEALAND

When an applicant has trained overseas, it is expected that this training would be of equivalent standard to at least a Diploma in Counselling level from a NZ provider. A New Zealand diploma of Counselling would normally be at second year degree level, and consist of a minimum of 1800 total learning hours. This training should include:

- Counselling micro-skills
- Knowledge of a range of theoretical models with competency in at least one model
- Understanding and knowledge of a variety of counselling issues and situations
- Understanding of the principles of a Code of Ethics and the concept of client safety
- Knowledge around the value of supervision
- Self-awareness and personal development including undertaking some personal counselling during the course as required
- Practical work with other students to practice skills and models
- Supervised practice as per course requirements
- Familiarity with the New Zealand social context and issues of bi-culturalism

Please see the website for details of hours of supervised practice required for membership.

MEMBERSHIP APPLICATION FORM: SOME ADDITIONAL INFORMATION

Section B1 is self-explanatory. Please take care to fill this in accurately.

Section B2 Bi-Cultural / Treaty of Waitangi Awareness:

- NZCCA would expect at least 30 hours of training/experience in this area

- A marae visit and overnight stay is essential unless there are exceptional circumstances.
- If you are recently arrived in New Zealand, membership cannot be granted if such training has not yet been undertaken, even if all other categories of membership have been satisfactorily met.

Sections C1, C2, C3 and D are self-explanatory.

Sections E1, E2 and E3. Clinical Supervision:

Understandings of supervision can differ between countries and across different people-helping professions. NZCCA's understanding and expectations of supervision are as follows:

- Regular clinical supervision is a requirement of all Provisional Members, Members (and Affiliates who are seeing clients). This ensures that as counsellors we are working ethically, are accountable to another person about our work, can discuss professional development matters as well as ensuring that we receive assistance with those clients where we are "stuck".
- Supervision is to be regular. It is expected that you will prepare for this, to gain most benefit. It is a collegial, co-operative process.
- NZCCA membership is based on fulfilling a variety of criteria and the report from an Applicant's current Supervisor is an important part of this. If you have been with your current Supervisor less than six months, we ask that you also include a report from your previous Supervisor.
- Sometimes we will contact your Supervisor if we have a query about length of contact, or the regularity of meetings.
- NZCCA has no limit for the maximum length of time you can stay with the same Supervisor. For Affiliates who see clients, and Provisional Members, NZCCA requirements are 1 hour's supervision for every 20 hours of counselling, or once a month (whichever comes first).

- For Members, requirements are 1 hour of supervision after every 40 hours of counselling or once per month, (whichever comes first). This may be seen as a problem and an expense for those counsellors who have only a very few clients. However, this requirement is essential to abide by NZCCA rules.
- Although not mandatory, fortnightly supervision is encouraged when possible.
- Supervision is expected to be face-face unless there are exceptional circumstances.

Supervisors:

- Supervisors must themselves be experienced clinicians, preferably with training in clinical supervision.
- Supervisors must be resident in New Zealand. If you have recently come from overseas we expect that at least 6 months of clinical supervision with a suitable Supervisor will be carried out in New Zealand before application for membership can be made.
- A Supervisor must himself or herself be a member of a professional organisation such as NZCCA, NZAC, NZAP, ANZASW, NZPsS or equivalent, and be receiving regular clinical supervision themselves.

The Membership Committee members are always willing to help discuss these issues either during the application process or if problems arise. Please contact the NZCCA office in the first instance and she will let one of us know about your concerns.

Barbara Bulkeley
Convenor of Membership Committee