



Client, Counsellor and Creator

NZCCA Newsletter, Winter 2020

Exec Echoes

Kia ora koutou to our fellow members, students and affiliates,

First of all, we would like to extend a warm welcome to Cass Johnston, who has kindly put up her hand to fill one of the open spaces on the Exec and joined us at our most recent meeting via Zoom on the 20th of June.

Throughout the discussions at this meeting the team was very mindful of the significance of the cancellation of the NZCCA Annual Conference, including the impact of this on opportunities for fellowship and for quality professional development. For this reason we are arranging a special event in October (more information later in this issue), as well as exploring the possibility of hosting more online content.

Furthermore, it was strongly held that the theme set for our 2020 conference was too valuable to pass up. So, we are pleased to inform you that the theme of Indigenous Practices & Pathways will be carried over to our 2021 conference, which we are working towards holding in Wellington. Keep an eye on the website for updates.

We hope you will enjoy this edition of the newsletter, which includes rich stories, useful information, important announcements and more.

Grace and Peace,

The NZCCA Executive Committee

Pictured: NZCCA Exec at the most recent meeting, missing Denise who was unable to attend.



Exec Nominations

The NZCCA Executive Committee is seeking two or three more people to join our fun and faithful team, holding up the flag for Christian Counsellors in Aotearoa. We are looking for people to support the work of the Exec across a range of portfolios, with two areas of importance being finance and membership, and more general support being needed as well.

An invitation for nominations will be sent out via e-mail in the coming months so that new members can be appointed at our AGM this October. Please prayerfully consider whether you might be one of the people to join the team.

Please contact info@nzcca.org.nz if you would like any more information or to find out if one of these positions might be right for you.

AGM Special Event

Save the date - 10th October 2020

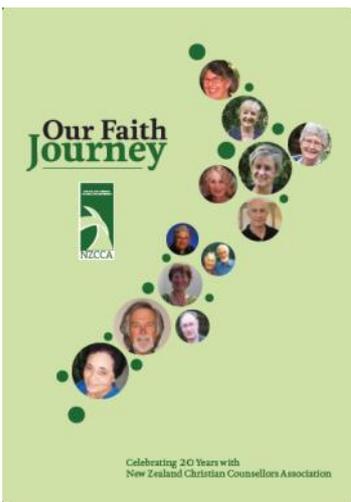
With the unfortunate cancellation of the NZCCA annual conference this year, a special event is being planned for the 10th of October 2020 to give members access to some of its most valued elements. While particulars are still being formulated, this event will likely take place in Christchurch, run for the whole day and involve:

- Professional development in the form of a speaker presentation
- Time for connection with fellow counsellors, including over a meal
- Our 2020 Annual General Meeting

Plans are being discussed regarding how members from around the country might be able to take part in this event digitally and will be announced along with further information as details become available.

Faith and Practice Stories

"Our Faith Journey" was published in 2012 to mark NZCCA's 20th anniversary. This substantial work is made up of twelve rich explorations of the spiritual journeys of past NZCCA conference speakers, as well as reflections on the contributions of these journeys towards their therapeutic work. A limited number of remaining copies are now available for purchase for \$9.00 each (to cover postage).



To secure your copy, please contact our incredible administrator, Craig Sergeant, at info@nzcca.org.nz

Rāhui Reflections

Whilst sitting outside in our garden, where cars rarely if at all passed during the day under lockdown level 4, I was engaged in a supervision session via zoom. Suddenly and most unusually a family member called out to me. I was initially concerned but then delighted, (having of course asked my gracious supervisee if she could hold for a moment),



as in amazement I watched a beautiful, sleek doe walk along the stream in front of our place. In ten years of being here this had never occurred before. Apparently this beautiful creature knew she was safe and could come out of the forest to explore on the other side of the stream, our side!

- Anonymous

Rāhui Haiku

preserving self, other, you
one wave, rolls to shore

We heard it coming
invisible destroyer
troubling our world views'

Rāhui response

pause, breathe, think, do, things anew
minds connect, re-ground

Whip-lash skipping now
harsh critiques for swift action
taken-time, re-Zoom

Licking wounds of loss

feeling Earth under-our-feet
OUR wave lands, retreats

Exposing fresh ways
autumnal at-one-ment buds
regeneration

Rāhui pauses

observe, respect, thankfulness
contain loss, re-set.

- Jenny Arnold 21 May 2020

Website tip: Find a Counsellor Search

Name	Available Online	Suburb / City	Area	Client type
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Up-to-date information on the Find a Counsellor Search Page helps tangata whaiora (clients) find the support they are looking for. Our Help? page has videos to guide you through updating your Practice Addresses, Client Types, Approved Provider With and Areas of Counselling sections ([click here to go there now](#)).

Retiring Remarks

What a privilege it's been to be associated with NZCCA from its inception. From our very small beginnings we have pressed on to become a respected and robust organisation, realising those initial hopes and aspirations. I therefore felt somewhat ambivalent as I tendered my resignation from NZCCA as I have highly valued the time spent in this organisation, and will miss my involvement. However, I am also getting more involved in pastoral care in my local church and want the time to be available for this.

As I reflect on my counselling journey, it seems that God was always ahead of me, creating and opening previously non-existent doors. This began with a newly created BA counselling paper from Otago University. Following this, and after our family being transferred to Auckland, I learnt that Auckland University was offering an existing MA, majoring on counselling and, for the first time, opening this to a small group who were not working towards qualifications as school counsellors. I was accepted into the programme and on completion I began working in a church-based setting. Here I noted several themes that constantly emerged, which were sources of both bewilderment and distress for clients as they attempted to align their lived experience with their faith and beliefs. These were shame, sexuality and gender and forgiveness; frequently related to sexual abuse.

Not long after completion of my MA I read a challenge by Gary Collins that counsellors should be theologically trained to the same level as their professional qualification. Given my concerns about the complexities of the above, I was deeply challenged by this, whilst thinking, "groan, not another Masters!" But just at the right time, a new Master of Theological Studies was offered at Laidlaw College for professionals wanting to be theologically informed into their current practice. Also around this time CCA came in to being, recognising the desire for counsellors to meet with other practitioners who shared their faith, and also being aware of the need for a professional body to assist people looking for a qualified counsellor who was sympathetic to their faith, who they could feel open to and comfortable with.

I am so grateful for the opportunities I have had. I have been given the privilege of being a part of the Laidlaw counselling program, and more lately counselling students. My faith has been a vital part of this journey and I have deeply valued my time in settings where this is integral. I treasure my contact with so many students and supervisees over the years, from different ethnicities and circumstances, in watching their progress, including their struggles, then seeing them at our CCA conferences over the years as graduates and thriving practitioners. It is indeed a rich gathering time. I believe God has opened doors and created opportunities for all of us who as Christians practice counselling. I can attest from personal experience that God, who calls us, is faithful. (1 Thess. 5:24).

Arohanui.

- Joyce Carswell.

Meet Donna

Tena koutou katoa
Ko Mangere te māunga
Ko Manukau te moana
Ko Leslie Page tōku tīpuna
Ko Pakeha tōku iwi
Ko Celt tōku hapū
Nō Canada ahau
Ko Donna Peary tōku ingoa
No reira tena koutou, nga mihi i runga i te ingoa o Ihu.



In short, my pepeha says I'm of Celtic descent, originally from Canada, raised in Mangere. My grandfather was Leslie Page, I'm Donna Peary and I greet you in the name of Jesus.

My husband Alan and I live in Hamilton with (due to the Covid family unification scheme) a daughter, partner and child, and son, partner and child. Another daughter and partner are in London.

After nursing, managing a conference centre, pastoring a church, owning a café – many of these simultaneously, as one does - I retrained as a counsellor in the early 2000's. Since then I have worked in private practice and counsellor education. Recently, I've moved mostly into working privately with people experiencing the results of trauma and/or coping with chronic illness, supervising other professionals and a bit of contract work in education. My hobbies are learning new stuff (any stuff will do), walking and riding my bike, cooking and laughing.

I serve with the membership team and I love being on exec because of the meaningful work we do, the great people in the team and the really nice snacks at meetings. It is a privilege to co-labour with such honest and hardworking folk, who have a similar passion for our profession and our members.

Noho ora mai,

- Donna Peary, NZCCA Exec.

Student Renewals

A reminder to all Student Affiliates that you need to complete the steps outlined on the "2020 Student Renewals" page of the website. Completing this is necessary to continue in your Affiliate status ([click here to go there now](#)).

Application FAQs
Application Forms
Supervision

2020 Student Renewals

Ethics

About the Ethics Committee
Code of Ethics and Practice
Complaints Procedure

Contact NZCCA

Insurance Information

After a recent communication with our insurance broker, Crombie Lockwood, the NZCCA Exec. team would like to pass on the following information regarding our Members' Insurance Scheme with Delta Insurance.

NZCCA counsellors' business activities have been confirmed to include working with tangata whaiora (clients) via all media channels (i.e. phone, text, email, skype, face time, zoom etc.). However, as with the kanohi ki te kanohi (face to face) meetings/sessions, cover still only relates to work within Aotearoa New Zealand.

The NZCCA Members' Insurance Scheme also includes the following additional benefits:

One hour's free legal advice (NZCCA Legal Advisory Panel):

The NZCCA Legal Advisory Panel has been set up to provide NZCCA members with 1 hour's free advice, without first notifying Delta Insurance or Crombie Lockwood, regarding situations such as:

- If you have been subpoenaed as a witness
- If a client has uplifted their file and indicates that they will make a complaint/claim against you
- On other professional issues relevant to claims or potential claims provided under the Policy

The panel can be accessed by contacting either of the following people:

Contact: Duncan McGill

Contact: Jonathon Scragg

Phone: 09 374 7151

OR

Phone: 04 471 9422

Mobile: 021 226 3530

Mobile: 021 878 972

Run-Off Insurance:

It is important to note that NZCCA Members' Insurance Scheme is written on a claims-made basis, meaning that the cover must be in place *at the time that a claim/complaint is made against you*, as opposed to when the *incident* leading to the claim occurred.

Under the NZ Statute of Limitations, a counsellor can be held liable for up to seven (7) years after ceasing their business activities. This means that members may find themselves needing to respond to a claim in the future, even though they have closed their practice or retired from their counselling activities.

Under the NZCCA Members' Insurance Scheme, cover is provided for "Run Off" insurance (covering members against any future claims). The annual premium for this cover is \$200.00 + GST.

Members requiring Run-Off Cover, further information regarding this or further information regarding distance counselling are welcome to contact Keith Woolock at keith.woolock@crombielockwood.co.nz.

Manaakitanga

Manaakitanga is one of the core values of the NZCCA. What is it, and how do we do it? It is often translated as hospitality, but it is so much more than eating kai together.

Two years ago, in my first year of studying for a bachelor's degree in Counselling, I was invited to become the Student Representative for the South Island and Wellington. I barely knew anything about counselling, let alone anything about NZCCA or the workings of the Executive. I trusted the people who had suggested I try for this and the Executive for giving me this opportunity, but I was very nervous and self-doubting.

Being a Student Representative on Exec means that I do not have a vote and I felt awkward participating in discussions and airing my opinions. However, the Executive really demonstrated manaakitanga to me. They wholeheartedly welcomed me with open arms. They encouraged me, honoured me and treated me with respect. They held me and cared for me when I was struggling and provided such a nurturing environment that I felt/feel supported and loved and able to have a voice on Exec. And yes, they have been generous with their kai too.

This is manaakitanga! How we can manaaki our clients, whanau and others who cross our paths?

- Jenny Waldron, Student Rep South



Newsletter Submissions

We would absolutely love to see your ideas, reflections, insights, musings, poems, prayers, experience, book reviews and photos in this newsletter! Please send any article submissions, photographic or creative works on to Craig, our fantastic administrator, at info@nzcca.org.nz

We look forward to hearing from you :)

Website tip: Help? page

Having trouble with something on the website? Check out the Help? page for a range of videos that can guide you through the issue you're facing. These are added to as the website grows, and you'll find this page in the menu along the top of every page of the website ([click here to go there now](#)).

Membership



Members Login

Sign-up

Menu



Your Regional Reps

Northland	Joyce Beehre	jbeehre@hotmail.com
North Auckland	Libby Taylor & Craig Gemmell	northaucklandreps@nzcca.org.nz
South Auckland	Sam Anderson & Renee Haiu	southaucklandreps@nzcca.org.nz
West Auckland	Judy Dawson	judy_teacups@xtra.co.nz
Waikato	Donna Peary	nzccawaikato@gmail.com
Bay of Plenty	Linda Parnell, Shiree De Veth & Helen Thurlow	newzealandchristiancounsellors@gmail.com
Manawatū	Gerben van Rooyen	manawatureps@nzcca.org.nz
Wellington	<i>Seeking a Representative - Maybe you?</i>	wellingtonreps@nzcca.org.nz
Nelson	<i>Seeking a Representative - Maybe you?</i>	
Christchurch	Lyna Ruffell	canterburyreps@nzcca.org.nz

New Zealand Christian Counsellors Association

EMAIL: info@nzcca.org.nz

PHONE: 09 361 4183

POSTAL ADDRESS: P.O. Box 97 073, Manukau, Auckland 2241

PHYSICAL ADDRESS: 145 St George Street, Papatoetoe, AUCKLAND 2025

NEW OFFICE HOURS: Mon - Fri 8:00am – 2:00pm

ADMINISTRATOR: Craig Sergeant

EXECUTIVE COMMITTEE:

Craig Gemmell | Interim Co-Chair, Finance & Conference Committee

Ron Rolston | Interim Co-Chair, Treaty Relationships & Conference Committee

Sylvia Yandall | Conference Committee Chair

Frank Eijgenraam | Ethics (Ethics Committee Co-Chair)

Donna Peary | Membership Committee Chair

Moira McCall-Corlett | Membership Committee

Adele Arleith | Membership Committee

Gerben van Rooyen | IT/Digital Media & Regions

Cassandra Johnston

Denise Van der Vlis | Student Representative - North

Jenny Waldron | Student Representative - South

ACC REPRESENTATIVE: Heather Hulse

