

Client, Counsellor and Creator



The Newsletter of the New Zealand Christian Counsellors Association

Winter 2019

Dear Members

Grab a hot drink, and enjoy this winter newsletter with very worthwhile and well written pieces! We thank Campbell for putting this together for this winter season!

I specially want to highlight the upcoming Conference in Auckland from 19-21 September: Inspirational speaker, great workshops, and as always meaningful connections with fellow counsellors from all over Aotearoa! During this Conference the AGM will also vote for the proposed title change, and if accepted means we can call ourselves: "John Smith, Counsellor, Registered with NZCCA". I encourage you all to come in September, sign up for the Early Bird discount :-)

Also in this winter season NZCCA will have a full upgrade of its website with user friendly access for members! Watch that space...

On this new website you will also find a "Who we are" write up, affirming our distinct Christian character as NZCCA. Inspiration for this "Who we are" piece also comes from 1 Corinthians 16:13,14 (NLT) with two key phrases: "Stand firm in the faith... And do everything with love."

Pray for wisdom for the Executive as we are journeying / partnering with our Pasifika and Maori members, doing our best to follow Treaty Relationship principles. We are also looking for younger members to "refresh" us and lead us into the future!

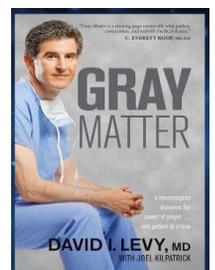
Frank A. Eijgenraam
Co-Chair
feijgenraam@nzcca.org.nz

NZCCA National Conference 2019

Counsellor Care: Nourishing Mind & Spirit is now live!

19-21 September. Online Registration is available [here](#) and a hardcopy of the registration brochure (click [here](#) for the electronic version of the brochure) will be posted to members with your 2019/2020 Annual Practicing Certificate. This year's Conference is in Auckland at the Jet Park Hotel and Conference Centre, a short 5 minute drive from the airport! Book now to ensure super saver airfares and limited accommodation rates for Conference at Jet Park. For more details, check out our website www.nzcca.org.nz

In addition, this year our Keynote Speaker, Dr David Levy will be running a Pre Conference Workshop on **Burnout to Resilience**. Click [here](#) for information on the Pre Conference Workshop. Be sure to allow for an earlier arrival at Conference so that you can attend on Thursday 19th September from 3-5pm.



Title Photo: 'Crystalline' – Paul Wilson <http://shop.paulwilsonimages.com>

I AM HOPE

Following Gumboot Friday and the launch of the I Am Hope funding campaign, there were some initial issues regarding eligibility of NZCCA members to sign up as providers under this scheme. After extended communication with I Am Hope these were ironed out, and it is now a straightforward process to enrol as a provider – just follow this link www.iamhope.org.nz/counsellorsignup

Heather Gwynn, member of NZCCA (and one of the Wellington Regional Reps, has a few words to say:

“As a counsellor, who works with children and youth, I was excited to see funding made available through the I AM HOPE Trust for children and youth. For a while now I have seen the financial impact on some of the families who have children coming to counselling and the stress this causes. In my experience, often these families do not qualify for WINZ funding, even though they are low income earners. They want the best for their children; however, the financial burden was evident.

“The funding this Trust provides has lifted the financial burden of paying for sessions. So, it was an easy decision for me to enrol as a I AM HOPE Trust counsellor. The relief on the parents’ faces said it all.

“While it is early days, I have found the whole system to be stress free and easily accessible. I have recently been paid for the first invoices I submitted, and this was done easily and efficiently. If you work with children or youth, I would encourage you to sign up.”

A PRAYER OF BLESSING

Father, Your House. This Room

Bless this place with peace
That all may be welcome and hospitality extended
A space of sacred sanctuary: All will be protected
All safely held
God’s presence reign and God’s will be done
Holy Spirit, Counsellor, in Jesus name, abide with all who gather here

May my being, my words, reflect Your best of my heart, body and mind
Humbly may I meet the other in loving compassionate understanding
May love, light, and life prevail
For the grieving and the suffering let Your comfort be present
Through Your wisdom, let revelation bring truth,
Courage to face the mountains and valleys
And vision to see the path ahead
May reconciliation, redemption and healing happen here
That all may receive the treasure of the Kingdom of God.

Prayer on establishing a new counselling room.

2019 Marjorie Hunt - 2019

With thanks to Janet Stewart who firstly cleansed and blessed the room and contributed inspiration.

CHILD-CENTRED PLAY THERAPY

from the Child's Perspective

Shirley Jourdain - NZCCA Member and Child Therapist

I was feeling a bit nervous about going to Play Therapy but he seems excited to see me, like he really wants me to be here. We walk down the corridor to the room and I wonder what it will be like. He's really smiley as he waves me into the room. I like the colours of the boxes and the cushions and there's animals on the curtains. It looks like a kid's room. I wonder if other kids come here. I wonder why they come and what they play with.

Hey he knows I'm wondering! How does he know that?!

I want to play with the house. I want to put the animals in the house. He seems ok with that – he doesn't think it's strange the giraffe is in the house. It's like whatever I do is OK with him. What if I make the giraffe fly? He seems ok with that too. Wow this is cool! I can decide what the animals do. I wonder if I could make the furniture fly out the windows? Hey! He knew I was wondering again. How does he know that?

Maybe this can be a flying bed that takes me to another place. Hey he said that! He knows its flying me to somewhere else. How did he know I was finished in the house?

I think I'll see what the music stuff can do – maybe this one and this one together. Not sure what this one does.....he knows what I'm thinking.....weird. I made it work! He said I did too! That's cool.

Yes I am happy about that. I'm going to try this one now. It doesn't matter if I don't know what they do – I can try them out and it's ok. It's ok to try stuff. Somehow it seems I can't do anything wrong in here. It feels great.

I like the way he talks. It's gentle and he really seems happy to be here with me. He's watching and he's excited about stuff, like me. I feel like throwing sand up in the air and seeing where it lands. I wonder if that's ok. He says the sand is for staying in the sand box. I guess that's fair enough. I wonder if I can throw it in the air and land it in the sandbox. I can. He's ok with me flicking the sand in the air if it lands in the box. He didn't tell me off for getting it on the floor. He knew I didn't mean to.

Five minutes to go. The time went really fast. I wonder if he will be sad when I leave. I've had fun and he seemed to have fun too just being here with me.

As I was thinking about writing about being a child in the playroom it seemed to me there were parallels in how I see God's relationship with us, His children and an ideal therapist-child relationship in the playroom. I see God being alongside us in life, delighting in us and encouraging us as we grow and make decisions. I think he sets limits for us as we need them and is gracious and merciful when we muck up. This inspires me to model my therapy on the loving God I know and who deals so lovingly with me.

The process of Child Centred Play Therapy aims to provide an accepting, non-judgemental, safe environment for the child to be and to discover who they are.

As Carl Rogers said in his book *On Becoming a Person*, "If I can provide a certain type of relationship the other person will discover within himself the capacity to use that relationship for growth and change and personal development will occur" and, "When these conditions are achieved I become a companion to my client, accompanying him in the frightening search for himself which he now feels free to undertake."



Association Management System (AMS) Update

- Our apologies, but we have had to delay the 'Go Live' date for our new website/AMS system. As you can imagine it is quite a task to rebuild a website let alone add lots more content and user-ability. It is important we do not rush the release of the new site as this leads to errors which brings confusion and additional costs. Therefore, we have delayed the 'Go Live' until we are confident we are ready. We will let you know the new 'Go Live' date once we are near ready and we will ensure there are multiple online training seminars you can attend to learn the new system.
- We have confirmed the website design and our developer is currently adding our web content.
- Our office and online databases are being sent to the developer on the 3rd of July. The data will form the foundation for the new AMS.

Annual Reviews

- Thanks to those who have sent these in by the due date (31 May). A reminder to get any outstanding Annual Reviews and payments made ASAP.
- The majority of Annual Practicing Certificates have been posted. The remainder will be posted once they have been approved and payment (or the first installment) has been made.

Conference Registrations

- We have received several registrations for our Annual Conference. I have not had a chance to look at these yet as I have been prioritising Annual Reviews. I hope to reconcile the conference payments in the next week or two.

God Bless
Craig Sergeant



Annual Reviews

Thank you to all of you who have promptly completed and sent in your annual reviews. Please note that certificates will only be released to you once your annual payment has been made and your review has been deemed satisfactory.

If your review documents have not yet been received by Craig at the office, they are now overdue and will incur a late penalty, unless you have informed us of a pending delay. If you do have issues with the completion of requirements, (financial or other) please contact Craig at the office so that we can talk with you about how we might provide support for you in your particular situation.

For the next review period, 2019-2020, we will be making some changes to the review process. We recognise that we already have a comprehensive review plan in place, and so we will be keeping many of the aspects of the current review. We do believe, however, that it can be made even better if we incorporate a reflective planning aspect to the review.

Research informs us that planning and being intentional with our PD enhances the outcomes for our learning edges and our client needs. Initially we will be asking you to do some reflections on the Professional Development activities that you have undertaken, leading to some intentional planning of Professional Development activities moving forward. This is going to be recorded and processed online as we go live with our new NZCCA website, so hopefully easy and straight forward for you to complete.

So, look out for information coming over the next couple of months giving more information about the changes to the process. We know that change can be challenging, so we plan to give you plenty of time to adjust and plan as well as comprehensive guidelines to follow.

Supervision

NZCCA has an expectation of high standards for supervision of members. This is to ensure that ethical standards and safety for clients and therapists is consistently maintained, and that reflective processing of practice is encouraged. As an organisation, we require that a supervisor of any of our members has had training in supervision (minimum 30 hours, and preferably an NZQA qualification). This is because we acknowledge that working in the area of supervision demands an extra skill-set of training and experience. We also require that the supervisor has had training in counselling and is a Full Member of their counselling organisation.

To increase the robustness of this process, we are further requesting that any new supervisors for NZCCA members have now had 5 years (previously 3 years) as Full Members of their professional association and have attained 1000 face to face client hours within their own practice.

Please be aware of these new criteria when you engage with or change your supervision arrangements. Any new supervisors need to have their details checked by the membership team at the point of annual review, (or earlier if necessary) to confirm that they fulfil the criteria outlined.

Police Checks

As you will know, it is mandatory for everyone to have a Police Check done when applying for membership to NZCCA. To maintain the high integrity of the organisation, the executive has decided that a regular Police check of all members will be carried out every three years. A Police check will also be requested if a member has been 'On Hold' for one year or more.

NZCCA Membership Team.

ACC

I join regularly with other professionals in the mental health sector as I represent NZCCA with ACC at the Mental Health Sector Liaison Group meetings. Our next meeting in Wellington is on Friday 12th July. Please feel free to contact me if you have any issue that you would like me to raise at this meeting. I am also happy to be contacted if you have any questions regarding the ISSC process, whether it be as a current or potential provider or supplier. ACC also offer 'Treatment Under Regulations' both for Sensitive Claims and Physical Injury.

It may be that you have interest in being a provider in these areas. Check out the information on the ACC website www.acc.co.nz where you will find information about how to become a provider in all aspects of ACC as well as links to forms, guidelines and policy.

Heather Hulse – ACC Provider & Supplier

hhulse@nzcca.org.nz

NZCCA Representative with ACC

From the Student Representatives



Kia ora fellow students and members,

Yesterday someone asked me, as they do, "how are your studies going?" "Relentless" is the word I came up with. I had just handed one assignment in and yet another is already looming in the very near future. And just over the edge of the horizon, a transcript (and critique) of a video of one my sessions is rumbling away, waiting its turn to appear large and heavy.

Fellow students, look after yourselves. I know that our tutors try to drum this into our heads, and I know that many of us think we are doing ok in that department! But ... I find that my bucket of life is fairly full most of the time, with study, family, work, church commitments, and somewhere in there I need to find time to do the dishes! It doesn't take much to have our bucket over-flowing and to feel overwhelmed. When unexpected events get thrown in for good measure, whether it is an emergency trip to the dentist, a family crisis, or shootings in Christchurch we can end up crashing. And these things do happen!

I don't know about you, but I find I tend to neglect my quiet time with the Lord at the very times when I need it the most. I recently watched a video on "Rewiring your brain through prayer" by David Levy, who is the speaker at this year's NZCCA Conference. He talks about how prayer and meditation changes our brains and how important it is for us. I found this very helpful, encouraging and worth watching.

Find it here: www.youtube.com/watch?v=q1OxzaGHygU&t=2314s

Kia kaha, fellow students! Don't over-fill your bucket at this season in your life and keep praying.

Jenny Waldron

NZCCA Student Representative South

Hello Fellow Students

Sure hope that you are all taking good care of yourselves, amid assignments and practicum work, as we near the end of the first semester of the year.

I recently came across an analogy in an article by Jan Mullen and it really resonated with me as it depicted our future anticipated role as counsellors in Aotearoa so I thought I'd share it with you.

"I had a bag of flower bulbs in my garage. Before I got around to planting them, they began to sprout. Because they were in the bag, with little light, the sprouts grew all twisted, without direction. When they were planted in a nice pot of rich earth, they began to unfold and reach for the light. They became straight, tall and full, a deep rich green, and were beautiful. They naturally knew what to do."

This is the way it is with our clients.

"When we give them the chance to come out of where they are stuck, like that dark dry old bag, and put them in the light, they just know what they were naturally meant to be."

I found this metaphor most inspiring and I look forward to helping clients find the light in order for them to flourish.

On another note, the annual conference has now been finalised in Auckland from the 19th to the 21st of September at Jet Park. There are two scholarships available to cover the cost of the conference only so do let me know if you wish to apply for the scholarship. Check out our website for more details at www.NZCCA.org.nz

I would like to extend a personal invitation to all students who are able to attend the conference. This will be my third one that I will be attending and I can assure you of a truly memorable learning experience and an opportunity to network with some of the best counselling professionals in our country.

Please feel free to email me if you want to know more and I look forward to seeing you there.

May God bless you on your learning journey as you prepare to help clients find the light.

Blessings

Denise





NZCCA Conference

*Counsellor Care:
Nourishing Mind & Spirit*
Registration Brochure

19-21 September

2019

**Jet Park Auckland
Airport Hotel**





Each newsletter we will introduce a member of the executive as they share some of their history, life experiences and reason for their decision to join the NZCCA executive.

This edition we introduce Craig Gemmell, who is tasked with overseeing the finance portfolio of NZCCA.

Meet Craig Gemmell

Tēnā koutou katoa

Welcome to a short mihi, to begin the introductions: Born and raised in East Auckland, my Mountain, River, Canoe and family name, Ko Maungarei (Mt Wellington) te Maunga, Ko Tamaki te Awa, Ko Duke of Portland te waka, Ko Gemmell te iwi.

My story begins as a whāngai or adopted child who weeks after birth found themselves being loved and cared for by an amazing couple who just wanted to share their lives with him, give him a chance to grow and develop but mostly just love on him.

Sometime ago decided to sign up to Ancestry.com and track down all the continents, countries, people that I am intimately connected with. The results, well all I can say is be careful what you ask for. The results I think tell quite a remarkable a story, one that continues to grow and develop. DNA will get past ALL the family stories, once believed as true, reveal secrets as well as gift you other stories and possibilities you could never imagine possible. That's the short version!

I'm also the husband of truly gifted woman, Tracey. A truly faithful woman to others and to the ever-revealing spiritual journey she began as a child. Tracey has an abundance of patience; it's a gift I personally have helped develop in her. Of course I'm biased but she has this way of offering a calm wisdom when I've have none. When I decided to give up work and study full time Tracey worked so we could pay the bills so keep the household functioning while I got my head around being a middle age student. Real commitment of support. We've been married 26 years and throughout this time we've actually worked more together in companies and organisations than not. Tracey is currently establishing a new venture/adventure so busy bringing this together and both of us are looking forward to seeing how this will evolve.

A bit of work history, at 16 I got an apprenticeship in Photolithography. It was an industry associated with the print industry but no longer exists thanks mostly to the digital revolution. I was fortunate that for 30 plus years I did manage to stay in the industry and up skill as new technology was introduced. Before the complete change of career came, I spent 8 years co-owning a company that introduced new technologies and consumables to print companies, advertising agencies in New Zealand, Australian and around the South Pacific. We later decided to sell the business to a larger competitor who became happier as we could then work together instead against in supporting mutual clients. The print industry was indeed good to me and I remain grateful for the experiences and the people I consider friends to this day.

The second half of life has all been about the counselling profession. In the past, I've been part of pastoral care teams, served in church as a deacon and trustee, and even in the print industry I can look back and say its always been about the people. I work in a couple of Auckland locations, one is with an incredible team at CARE Waitakere Trust in West Auckland, the other in Whangaparaoa, North Auckland where I have a private practice and work alongside an equally amazing group of ladies under the collective umbrella of Coast Counselling. I've also worked as a High School counsellor at two schools and volunteered as a counsellor within the prison system. Majority of my clients are male ranging from adolescents age through to the retired as well as working with couples in distress. I'm also a registered counsellor with ACC for sensitive claims and have completed training in a therapeutic approach to working with problematic sexual behaviour, sexual addiction.



Continued next page...

Meeting Craig Gemmell continued...

Why NZCCA Exec? I, like a couple of others in 2017 were invited by a retiring exec member who shall remain nameless, to consider putting our names forward for the then upcoming election to the NZCCA executive. They made such a strong and compelling case we each felt we had no option but to say yes. It has been my experience to date that I say with all honesty it has been a privilege to serve alongside such a committed team of professional counsellors.

Central to each executive meeting has been intentionally taking time to commune with each other and the Holy Spirit. To listen, reflect upon the decisions that require the executive's attention as well as identify those within the membership who require support through prayer and action.

It's been humbling to hear the stories of individuals whose commitment and dedication led to establishing NZCCA in the early 1990's. Of those who would consistently give of their time and resources year after year so that this organisation would continue as its recognition by Government bodies grew.

It really is quite a story of faith!

Final thought:

I really do have a growing appreciation of life's revealing mysteries; that reality is of my own construction and that any sense I have any control of life's outcomes, really is just an illusion.

Namaste

Craig



- Castle Hill -

Paul Wilson is a fantastic young Canterbury photographer, who has kindly let us use his images in this newsletter. If you want to buy some art for your office or home, or need a wedding photographer, consider heading his way. <http://shop.paulwilsonimages.com>



In March 2018 our Executive chose for NZCCA to become a member of IAC (International Association of Counsellors). IAC is an umbrella organisation aiming to encourage networking, and investigate assisting with some level of support and or regulation, especially in more third world countries. For a minimal fee we were able to join, to benefit from the networking opportunities and to see how we could support this organisation.

As a member organisation we were invited to participate in this years AGM held in Moncton, Canada via Zoom technology. Below are some of the notes I had taken to give some insight to the organisation, its operational reach and those involved There were 14 members in total zooming in from around the world and I think about 27 at the actual meeting.

The outgoing president Dione Misfud held the position for the last 7 years. It was made clear that raising finances was an ongoing issue and any support or initiatives to raise funds would be greatly appreciated.

The organisation began in 1966 and until recently was totally run by volunteers from around the world. Last year they employed a part time CEO so have expectations of giving more focus and momentum to the organisation. He noted that he had willingly travelled to different continents as an invited guest in representing IAC but these trips were mostly funded out of his own pocket and in moving forward this should not be the expectation/burden placed upon the next president. The following are the identified goals of the organisation

Goal 1: Development of Counselling

This is IAC's central goal and directly relates to our overall purpose: 'We will advance the field of counselling through Practice, Education, Advocacy, Policy and Research initiatives'.

Goal 2: Strengthening Partnership and Collaboration

We will strengthen and build connections with our International, National and Organisational partners

Goal 3: Members and Services

We will increase our individual and organisational membership base across all world regions. We will enhance the representation, support and services provided to members.

Goal 4: Enhancing our Infrastructure

We will optimise IAC's structures and systems to ensure equal and inclusive representation from all world regions and cultures. As an Executive Council, our committee, sub- committees, and personnel will professionally deliver our services and aims.

Goal 5: Enhancing the Profile of Counselling Internationally

We will raise the profile of counselling by utilising our global connections, technology and relationships. IAC will serve as a strong and uniting global voice for counselling.

Goal 6: Connecting Our Members

We will serve as a platform for counsellors worldwide to connect and share ideas on counselling, education and research with individuals, experts and organisations.

Long term, IAC's desire is to work with counsellors and partner organisations around the globe to identify strengths and competencies key to counselling. To be a viable, professional, organisation that can sustain itself while adequately representing its members internationally by making best use of the organisations collective talents. With this goal in mind IAC is currently identifying which particular competencies and ethical standards etc. would be required to offer an International certification in counselling. This endeavour is in its very early stages Two words summed up the ninety minute AGM for me, "collaboration and research". Two words the organisation believes are integral the future of the organisation and counselling. There was universal acceptance that to grow and continue to develop, IAC needs to collaborate, grow its partnership with like minded organisations around the world involved in counselling, psychotherapy, psychology.

A commitment to research would be a key component to IAC's future where this was led from within the organisation or supporting those that are already committed to research. The 'Zoom' technology broke down a few times during the AGM. Unfortunately this happened at a pivotal moment during the election process. Even those attending the AGM via Zoom were not entitled to vote we were not able to hear the results but with all the hand clapping I could see I feel confident saying those who had been up for election were successful. Due to time they could not repeat any of their names and the meeting promptly finished exactly on time.

I look forward to next AGM and will check on their web site more regularly for any updates.

If you have time jump on at www.iac-irtac.org

Craig Gemmell



Wellington

Here in Wellington our first get together was held on April 1st. Pauline Griffiths, a psychologist came and shared with us. Her topic was "Let's talk about sex". Pauline's expertise in this area was invaluable. People are still talking about the information she shared. A great sign that what she shared was relevant and on point. Her presentation included common sexual problems, exploring desire difference using EFT, psychological causes of sexual problems. Pauline also shared with us helpful website and books.

This term, Saturday June 22nd we are holding our annual professional development day. Richard Black is our speaker and we are looking forward to hearing how to integrate models, habits and addictions and emotional freedom.

Peer groups continue to happen in the Wellington area. These are always a source of encouragement and support.

Heather Gwynn - On behalf of the Wellington NZCCA team

Northland

We have had meetings in March, where we had a great time catching up with other counsellors in Whangarei and sharing about the different modalities we all use and how we adapt them to our client's personalities. And in May where Celia Hall facilitated a short presentation on Mindfulness. We are all looking forward to getting together again.

Joyce Beehre

Canterbury

As the NZCCA group of counsellors in Canterbury we have enjoyed two events so far this year. We were very fortunate to have Paul Robertson share with us at a supper gathering on the topic of bi-culturalism. This was much appreciated by those who were able to attend and a very important aspect of our work to focus on.

Recently, we held a social breakfast on a Saturday morning at a Christchurch cafe. This was a great chance to connect, network and encourage each other.

Many people in Christchurch have been affected in one way or another by the recent shootings. Obviously there are those who have lost someone close or have known those who have. For some it is noticing a more heightened state (especially at the sounds of such things as sirens and helicopters) and generally feeling more on-edge, while for others it has taken them back to feelings that they experienced after the Christchurch earthquakes. For many of our group this has caused more pressure on both personal and professional levels. We have appreciated the care and support of our wider NZCCA colleagues over this time and wish to thank you for this. We are excited about our one day seminar event on the topic "Maintaining connection while managing risk" where we will hear from various speakers. This will be a great opportunity for some professional development on a topic that we have an increasing need to be upskilled in. This will be held on Saturday 27 July at Laidlaw College. A very warm welcome to all who might like to join us :-)

Lyna and Sandy

Waikato

The Waikato NZCCA crew have enjoyed 2 social get-togethers and 2 PD nights so far this year. The great thing about living in a small city is getting together for 1 ½ - 2 hours after work is really doable for many people. For our social nights we meet at a local pub that do \$10 pizza nights and casual relationship building and strengthening goes on. A few people have been able to find out about employment opportunities this way. For PD this year we have had Nigel Rowling from Rainbow House speak to us about his work with children experiencing grief. It was not only interesting to hear of this work, but Nigel also brought a case study which was really helpful in informing our own work. He was an engaging and relaxed speaker; passionate about this critical work. The second PD night was me (Donna) introducing Brainspotting. This is a way of working with clients which accesses where the brain has stored historical trauma/distress allowing it to process safely. I gave an overview of its development and the science behind it, did a demo with one of our members, and then we all had a 'go' ourselves. Very interesting!

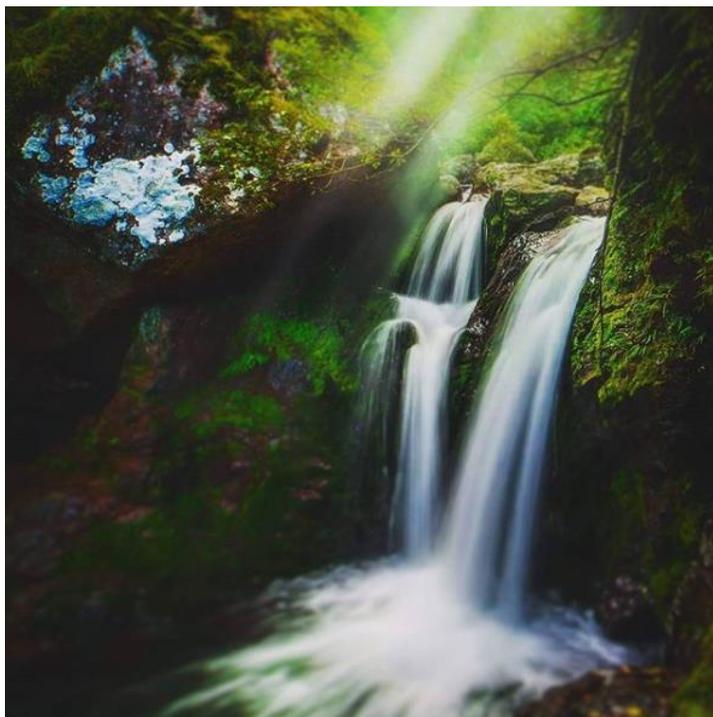
Donna Peary

Bay of Plenty

We are pleased to include Helen Thurlow on our Co-ordinating team this year and report that we have enjoyed hosting two valuable professional development meetings to date. These have been well attended by NZCCA members, a number of NZAC members as well as Bethlehem Tertiary Institute students. Our speakers' presentations have been relevant, in depth and very much appreciated by those attending. In March we hosted Dr Paris Williams, Clinical Psychologist in Private Practice in Tauranga. His presentation "Mindful Somatic Approaches to working with Acute and Developmental Trauma" was well received and several members have continued on with further intensive training in Tauranga within this topic. In May we hosted Tim Heetkamp, also a Clinical Psychologist here in Tauranga whose presentation, "Put down that phone and listen to me – coping with relationships in an online world" was also highly relevant, both on a personal and professional level. His presentation included research on the effects of the online world and possible interventions that support healthy relationships alongside digital technology. We are in good heart about the way the meetings are being attended and delicious suppers seem to be serving to encourage time to share together informally after the speaker has concluded.

"Working together we learn more"

Pauline Nagels, Shiree De Veth and Helen Thurlow.
Co-ordinating Team, NZCCA, Bay of Plenty.





New Zealand Christian Counsellors Association (NZCCA) Canterbury

Saturday July 27th
2019
9am-3.00pm

Maintaining Connection While Managing Risk

Add body text

Seminar Day

Laidlaw
College
70 Condell
Avenue
Papanui
Christchurch

All NZCCA Members \$50
All Students \$50
Non Members and Affiliates \$80
Morning Tea and Lunch Provided

This Seminar day has kindly been
subsidised by NZCCA

How do we walk the fine line of keeping a therapeutic relationship with our client and keeping them safe?
What is the GP's role when we have a client who is talking about suicide?
What happens when Crisis Resolution become involved?
How do we manage risk on a counsellor level and an agency level?
We invite you into these important and relevant discussions.

Guest Speakers

Dame Sue Bagshaw - Primary care Doctor specialising in adolescent/youth health

Ann Richards - Registered Social Worker, Canterbury District Health Board

Lyna Ruffell - Counsellor and Counselling Coordinator

Steven Brown - Counsellor

Toni Lubbers - Counsellor

Registrations to: info@nzcca.org.nz

New Zealand Christian Counsellors
Association (NZCCA)

Your name:

NZCCA Bank Account: 12-3012-0806750-00

Reference = Chch Seminar

Please email any special dietary requirements to
canterburyreps@nzcca.org.nz

Your Regional Representatives



Northland	- Joyce Beehre	- jbeehre@hotmail.com
North Auckland	- Libby Taylor & Rosi Bradley	- northaucklandreps@nzcca.org.nz
South Auckland	- Currently vacant: <i>Maybe you!</i>	
West Auckland	- Judy Dawson	- judy_teacups@xtra.co.nz
Waikato	- Donna Peary	- nzccawaikato@gmail.com
Bay of Plenty	- Pauline Nagels & Shiree DeVeth	- newzealandchristiancounsellors@gmail.com
Manawatū	- Gerben van Rooyen	- gevanrooyen@hotmail.com
Wellington	- Heather Gwynn & Wendy Dawson	- wellingtonreps@nzcca.org.nz
Christchurch	- Lyna Ruffell & Sandy Hitchens	- canterburyreps@nzcca.org.nz

Call for Submissions



We would love to see some of your ideas, reflections, insights, musings, poems, prayers, experience, book reviews and photos in our newsletter. Please send any article submissions on to Derek Borland for review dborland@nzcca.org.nz and any photographic or creative work to Campbell Langford media@nzcca.co.nz We are looking forward to hearing from you.

New Zealand Christian Counsellors Association

EMAIL: info@nzcca.org.nz

PHONE: 09 361 4183

POSTAL ADDRESS: P.O. Box 97 073, Manukau, Auckland 2241

PHYSICAL ADDRESS: 145 St George Street, Papatoetoe, AUCKLAND 2025

OFFICE HOURS: Monday, Wednesday, Friday 8am - 5pm

ADMINISTRATOR:

Craig Sergeant (Office hours: Monday, Wednesday, Friday 8am – 5 pm)

EXECUTIVE TEAM:

Frank Eijgenraam | Co-Chair & Ethics

Derek Borland | Co-Chair & Public Relations

Heather Hulse | Head of Membership Committee and ACC Representative

Sylvia Yandall | Conference

Craig Gemmell | Finance

Donna Peary | Membership

Watiri Maina | Membership

Ron Rolston | Treaty Relationships

Jenny Waldron | Student Representative Southern

Denise Van der Vlis | Student Representative Northern



Until next time. Take care.